Students serve through Bisons for Christ

by Leigh Edge

The Bisons for Christ Day of Service officially began at 3 p.m. on April 2. Every year, Harding students volunteer and work on various projects in order to serve the community.

According to Todd Gentry, Rock House and Bisons for Christ coordinator, approximately 2,000 students participated in over 200 projects. Currently, students have already called in to say "thank you" to students who helped.

Junior Shelly Coker, a Rock House intern, said that Bisons for Christ is the biggest thing of the year for interns, as far as outreach is concerned.

"Our biggest difficulty isn't getting projects, it's getting people filled with social clubs. Our main outreach after that is to get people who aren't in clubs to see the work that's being done so they can see that it's a need that they can fill. That's our biggest thing — mantaining relationships with other people.

According to Cole, Bisons for Christ breaks down the walls of the Harding bubble and allows students to see areas outside of Harding and to help.

Senior Ben Butterbaugh is on the Bisons for Christ chapel committee, and he says that speech and encouraging people to come out and participate.

Thousands prepare for Spring Sing

by Jesse Hinson

As Spring Sing approaches, the production team leading up Harding's largest show is in crunch mode with only a few more weeks to go until Benson curtain rise.

Spring Sing director Cindy Stockstill said that from a technical perspective, everything is going according to plan. The program design is currently being tweaked and approved by club show directors, and the show club is all at least 75 percent finished with the choreography and staging. By April 12, clubs will be required to be 100 percent finished with their show in order to move the full amount of points available for judging, Stockstill said.

Also that a lighting company has recently met with the production team to discuss and plan the new additions of laser to Spring Sing.

Not only have clubs shown being meeting deadlines, but the jam bands participating in this year's show have all been completed as well, Stockstill said. The hours and resources invested all of their numbers and the club show directors as their way to be completed. While most of the production team will perform through the "new" year, Stockstill said that club shows have been added this year that were changing things significantly.

"We have eight clubs that do Spring Sing, and our number is more than we have ever had before," Stockstill said.

The show fits bigger with more people than ever, and so we've added new elements with lasers and more light and more than we've had in the past. With each of these new elements comes a significant amount of extra work to make these elements into a cohesive, multimedia production.

Despite all of the extra work, assistant director junior Sarah Dennis said the production team is still soaring smoothly and unproblematically. Even though she is a new addition to the staff, she said she feels as if she has been working with them for years.

"I have really enjoyed getting to work alongside (director) Steve Fry and Cindy," Harris said. "They are both phenomenal at what they do, and they often go above and beyond what is expected of them. For Spring Sing to happen every year, there has to be some divine intervention, and the production team works very hard to make all of those moving parts come together smoothly.

Every year of Spring Sing has its own driving force, embodied by the theme chosen by Fry, Stockstill said. Even amidst all of the chaos and work, Stockstill said she always likes to go back and remember why they chose the theme "New" for this year's show.

"The word 'new' encompasses a whole lot of things," Stockstill said.

"It's enjoying the new, getting to experience something new, becoming a new success story when you become a Christian. There are so many different and exciting things we are planning on doing with the word 'new.'

SA Updates constitution, begins student elections

by Daniel Cossetta

The Student Association on Thursday night with potential SA members to discuss the campaign process for next week.

Vice President senior Joseph McMahan said current SA members have chosen with potential new members how they have come to understand the SA over the past year.

McMahan said they also plan to work more with those who get elected to shorten the learning curve process.

"The whole goal is to increase our effectiveness," McMahan said.

And by sharing with students what we already know, going through the process in a new student, he said that the election this year is about giving them roles within the SA, focusing on the spiritual life functions of the SA to include more students directly with some of the planning and more directly defining roles within the SA.

The SA is still to discuss administration with administration about these changes.

A pool of candidates for SA president will be held during Monday's chapel for the candidates to present their personal campaign speeches and run for office. Any student is eligible to run for any position within the SA, and the results will be announced in Wednesday's chapel.

The Spring Sing ensemble strikes a pose during rehearsal on March 18. Spring Sing weekend begins on April 17.

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**Bazaar offers chance to showcase handiwork**

by Taylor Gaines

The Honors College is hosting the Harding Bazaar April 19, the Saturday of Spring Sing weekend, from 9 a.m. to 3 p.m. on the Reynolds lawn.

The Honors College hosts this event, but it is open to all students and faculty on campus. The bazaar provides students the opportunity to showcase their artwork, crafts and hard work as well as make money.

Junior Kinsey Starks is a host for the bazaar. Starks said this is the second time the bazaar will be held during Spring Sing weekend because of its success the past year. According to Starks, the idea formed about three years ago when a former student wanted to showcase the talent on campus.

"I think it’s so cool because it’s not just the art majors, not just the faculty members, not just the engineering majors, political science majors and other majors that aren’t normally people you think of artists, but they still come and do all these things," Starks said. Students and faculty can sign up for a booth for the Honors College has 80. The deadline to sign up and pay for the booth is Wednesday, April 9. The event is not for fundraise but for a way for students and faculty members to earn by selling their work.

"It’s going to toward the idea of making awareness," Starks said. Items featured at the bazaar include paintings, crocheted items, clothing pieces and copper wares. There will also be an opportunity for hands and tools to act to perform. These performances are fee and a chance for students to show off musical talent. "Even if you’re not artistically inclined but musically talented, you don’t have to pay for a concert," Starks said.

**City event honors lost, helps combat suicide**

by Matt Ryan

Hundreds of community members and students will gather in Spring Sing Park tomorrow from 8 a.m. to 2 p.m. to participate in the 2014 Stride to Prevent Suicide. The event will include 5K and one mile runs, as well as food, children’s activities, live music and a memorial butterfly release ceremony.

The Dr. Robert E. Elliott Foundation has hosted the event annually since 2002. Executive Director Alana Pinchback said the foundation holds Stride to Prevent Suicide as a way to not only raise funds and awareness for the foundation’s programs and suicide prevention, but also to reach out to families who have been affected.

"Throughout all the activities of the day, we try to make sure that we reach out with individuals and hear their stories," Pinchback said. "It makes such a powerful event for us as foundation members. Three years ago we added a memorial butterfly release ceremony where family members and loved ones can release butterflies in honor of a loved one. It has become such a special part of the day and really brings one family back to where we're ... Neverless to say, it's a very emotional experience."

Pinchback said the money raised by the event goes to support the Dr. Robert E. Elliott Foundation’s programs and materials used in White County schools. "These cover topics like anti-bullying, depression awareness, suicide prevention and self-care," Pinchback said.

"We are participating in this in hope of one of our friends who went overseas with us," Robeck said. "We want to honor his memory and encourage her, as well as try and prevent this devastating occasion and other people’s lives.

Senior Diana Kirby, intern for the Dr. Robert E. Elliott Foundation this semester and said she has been involved with the Dr. Robert Elliott Foundation and organizing the event for the past few years.

"I think it’s very unique and special," Kirby said. "I’ve been a big encouragement event for me. It’s very rewarding to see people coming out for us with their families.

"People are able to meet other people and share stories. It’s not more than just a 5K, it’s more than just a run. The thing that’s really cool is that, as a Harding student, it can be easy to get stuck in the bubble here and not spend as much time in the community, and this is a cool way to be aware of the community and be a part of it.

"We are interested in running or donating to the foundation can register online at www.elliot.foundation."
I was the Very Model of a Modern Major General

called by: Reina Thoughman

guest writer

I'm fairly sure I have to take classes that sounded appealing. I was the guy who needed to take 12 hours a semester to graduate on time and I was able to count a year's worth of extra hours somewhere after graduation.

So I picked classes that sounded interesting, went to Taco Bell and Burger Station and did a job in physical logistics driving a forklift and delivering packages, and now I am graduating in a major that’s not a degree in nothing. But the time and money weren’t wasted for nothing.

I may not be qualified to take the MCAT, and I’ll never get a job as a financial accountant, but I can tell you what happens to your brain every time you look at art, and I can trace the origins of political order from puberty to modernity. I haven’t been in art class since high school, but I can academically analyze a film's or novel's appeals to universal myths. General studies provides the opportunity to be a student not only of the humanities and the sciences, but of society as a whole. It provides the opportunity for a student with a degree in nothing, for a job, but a dozen that says, "Hey, I really like to learn, and I’m pretty good at it." General studies isn’t a cop-out it’s a degree that, according to the catalog, "allows students to build their own program of study and research." That’s exactly what I did. I had to work at my own pace, keep my parents' money and the government’s money and do a job in nothing to graduate in nothing. But the time and money weren’t wasted for nothing.

I’m fairly sure I have to take classes that sounded appealing. I was the guy who needed to take 12 hours a semester to graduate on time and I was able to count a year's worth of extra hours somewhere after graduation. So I picked classes that sounded interesting, went to Taco Bell and Burger Station and did a job in physical logistics driving a forklift and delivering packages, and now I am graduating in a major that’s not a degree in nothing. But the time and money weren’t wasted for nothing.
Creativity is a Goal, Not a Given
Thomas Edison said, “Genius is 1 percent inspiration and 99 percent perspiration.”
Before you think this column has turned into an article of those motivational posters hanging in your high school guidance counselor’s office, think again.
I can’t help but realize how much of our college courses are designed to imagine and plan life in our heads: the organizing of ideas, inspiration and perspiration.
It’s easier to be inspired, for sure. However, I believe it’s much harder to avoid environments that can foster inspiration. Maybe it’s because they don’t know how to think, but people can clearly recognize what will be shifting. Maybe it’s because they are stuck within a script. Every day in one of your major classes can be an inspiration. Every professor, chapter of a novel, feature in a picture, photograph, song or design piece can be an inspiration to you.
Once you don’t look for them, don’t look, but place yourself in an environment in which you are always asking people what they mean to this mean to?” How can I do this work or my life if I’m not even sure that makes me think or feel?” You have to consciously view the world in another way.
Perspiration is a little more stubborn and not quite as ideal. Still, it’s a vital part of creativity and innovation.
There is a misconception that all creative people are just born creative. They have an outstanding idea that magically comes to fruition, and the rest of life is a cake-walk. If that’s what you think creativity is, it will be impossible to ever live up to that standard. Despite the differences, momentum, creativity flows directly from perspiration. What you do after and whenever you spend hours of your day writing. Most of the time it’s just writing the script for the writing of words. Isaac Asimov, author of the sci-fi classic Foundation, was a rough man to please. I admire him, wanted to be like him and just get him to hand back essays. I had a routine on those days. While everyone else was packing up the backpack precariously to get their grade, I would sit there on the carpet and let the teacher look at my work. I just stopped in my track and quietly handed it to him. From there, class was over. Sometimes I was walking down the stairs and the teacher would call me in. I would say “Don’t know” I said with just the right calculated air of nonchalance to drive my friends crazy. I was not very interested in the cafeteria lunch for that day, so I sat on the steps. I was just doing my school work. I was not interested in the context of a trusting relationship. Just having a teacher take the time to mentor me as a writer. I was encouraged by their generous comments and respect for my writing skills. Whatever writing skills I may not have, I owe to people who were willing to sit down and read my writing and give me feedback. Our guests at the table often will go wrong in the hands of those who are not familiar with the craft.
I was always interested in the major comic book characters in the story, and in my introductions, I tried something clever. I tried to entice the way the bombastic Mr. Munro would say, using long words to create a kind of speech to muddy Speech’ich’s speech patterns. I was especially proud of the phrase “cold weather circular sawyer’s saw.” Pretty pleased with my Dickens impression, I thought. I put in a word or two for words while I waited anxiously for that nice green with the magpie. Perhaps I should have taken up some hobbies in college.
Anyhow, when Brightman handed back the paper, there was no praise, no mention of my essay’s true value — only a cryptic comment about adjectives. I asked him about it. “If you’re going to ‘paddocks dice’ you, he said, “You need to try to act as well as Dickens.” One I was cremated. I didn’t even say it holding a green pen. I had to reuse my quill for a few weeks, throwing away and littering it when I thought Mr. Brightman never cared. Mr. Sanders was always kind. He probably would have loved Dickens’s bit.
But then something happened. I realized that Brightman was giving me feedback. In turn, I had to turn it over, I had to be critical of my own writing. I always thought that Brightman suggestions could sting. Once I wrote an essay about

Experience is the Best Teacher

charles stroud

When you think of Harvard University in Florence, what comes to mind? Seeing Michelangelo’s famous “David”? Climbing the steps up to the top of the dome of Florence’s cathedral? Maybe sitting down to a delicious plate of pizza with friends? While all of these things are possible through the HUP program, there is an endless amount of other opportunities and experiences you can have while in Italy. Some of these are as big as seeing the Venus de Milo at the Louvre or the Butterworth Chapel while on a trip to Rome, or as small as someone making a potter in a little studio in a village in Sicily. An experience that let’s big improvements.

O

One of my favorite professors was Mr. John Bunyan. I can’t even begin to reach the end of the creative process, and the season you figure that out, the less frustrating that process will be. I’m reminded of a story that my English teacher, Mr. Mat Kenney the other day about the new house he’s building. He was mowing when I’d wear sweats or sweatpants, but I always realize how much I had to work with and that you had made my work better. Mr. Bunyan was a master of the English language. His work was clear and concise, and friends you think you’ve moved, d 4 all.)

Dedication to the execution of ideas is the main reason for this world to move forward. What I learned from Mr. Bunyan is that the true mark of a writer is to be able to break down and start thinking logically.

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The Lightbulb

4A | Friday, April 4, 2014

Michael clarkon

Searing the Dickcissels Out of a Writer

The Dickcissel is a small brown bird with a black face, green wings and a yellow belly. It is a common sight in the Midwest, especially in the spring months. They are not often seen in other parts of the country, but they do occasionally visit the East Coast during migration. Dickcissels are known for their distinctive call, a series of four notes: "chuck, chirp, chipp, chipping". Their song can be heard throughout the day, and it is said to be one of the most beautiful sounds in nature.

Dickcissels are known for their strong migratory habits. They spend the winter in the southern United States and return to the northern plains in the spring to breed. Dickcissels feed on seeds and insects, and they are often found in fields, meadows, and forests. They are a common sight in rural areas, and they are often seen perching on power lines or in trees.

Dickcissels are a small bird, weighing in at about 1.5 ounces. They are about 6.5 inches long and have a wingspan of about 11 inches. Their plumage is brown with a green sheen on the wings and a white rump. They have a white ring around their eyes, and their beak is short and black.

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Dickcissels are known for their strong migratory habits. They spend the winter in the southern United States and return to the northern plains in the spring to breed. Dickcissels feed on seeds and insects, and they are often found in fields, meadows, and forests. They are a common sight in rural areas, and they are often seen perching on power lines or in trees.
The player is lying about his abilities and cheating out loud. It is wrong to lie. It is wrong to cheat. These all are things that happen when PEDs are part of the picture in the MLB. The player is bringing up his abilities and cheating by using the PEDs.

Think about it for a minute. Would you want to go up against someone during an intramural softball game that had been pumping steroids for a few years? You most likely would not like it.

At the end of the day, you might have a different opinion than me, and that is completely reasonable. But here is the deal: PEDs have made something that should be a game of skill and ability turn into something that detracts from the real reason we love baseball: pitcher, catcher, batsmen, hitting, base running, pitching, and nerve-racking moments.

Alex Ezell is the sports editor for the 2013-14 Harding yearbook. He may be contacted at alex.ezell@harding.edu.

Seiler Kristin Celsor clears 5 feet, 6 inches during the high jump field event on March 29 at the Bison Invitational held at First Security Stadium. The Lady Bisons also won both relay events. Holmes, Coleman, freshman Rachel Price and Celsor won the 4x400 in 39.53 seconds. 

Sophomore Tammy Kim, Holden, Zaborowska and Celsor won the 4x100 in 53.68 seconds. Celsor said that she has greatly benefited from the relationships she has formed with her fellow 6foot, 200 relay runners, all of whom were a part of the same event last season. "Our 4x400 wasn't special," Celsor said. "We just working together, and getting to share a relay allows for friendships to form that may not have existed before."

Celsor also emphasized how special the home meet is to the men and women's track teams. Friends and family who cannot travel to other meets are able to come and show their support for what many competitors, like Celsor, train for all year.

"The next meet for the track team is April 5 at Oxford, Miss., at the Ole Miss Invitational. The women's next meet is also April 5 at home for the Harding Invitational."

KEISTEN CELSOR BASKETBALL & TRACK SENIOR

"I love awkward things that happen. I am known for falling over the entire thing on the basketball court. So I love when other people fall over, it makes me feel good. I feel when it is almost you realize how difficult this is to them or any other experience you would get at other colleges. You just professors who are praying for you. You have friends who do a job very well because you are having a bad day. It is going to be weird to adjust to life after that. I am thankful for having that for four years."

"I've always looked up to my sister. I actually got my number from her because her turn out at AIC her senior year of high school. I always wanted to be just like her. So I guess she is my hero in all aspects of life."

"If you don't make some your hero they will talk to you about it."

"If you don't make some your hero they will talk to you about it."

"I have realized how much the special Harding is to you. You realize when you come here how fast it is. You know it is almost you realize how difficult this is to them or any other experience you would get at other colleges. You just professors who are praying for you. You have friends who do a job very well because you are having a bad day. It is going to be weird to adjust to life after that. I am thankful for having that for four years."

"When you is away from me on the basketball court and even on the track."

"I'would be the awestruck Harding."

This is actually the first year have not been doing two practices a day during track and field.
Calhoun continues to excel on and off the field.

by Mandy Valentine"}

Senior first baseman Matt Calhoun has played some form of baseball since he was 4 years old. He started with a foam bat and ball in the house. Then he moved on to organized T-ball and eventually signed with Harding. Calhoun has been a key player for the Bisons in his four years, giving his final season a boost in the Final Four bracket. Speaking of the Final Four, Calhoun has been an essential part of basketball's success, even doing some work behind the scenes. "I'm in Florida and hate the beach. I'm from Florida and hate the beach." Calhoun's current batting average is .398 and was leading the conference in home runs, RBIs, and hitting percentage in the spring. Calhoun also received Academic All-GAC in 2012 and 2013. Head coach Patrick McGauley said he commended Calhoun on his work ethic and leadership on and off the field. "Matt is an extremely hard worker, and he helps set that tone for the team; the other guys see him and the work ethic that he has, and he's a great leader for them," McGauley said. "He doesn't give a lot of team speeches or anything, but he definitely leads by example. He's a quality young man, and that carries over on the field. He is one of the best hitters I've ever coached in my career, and he can hit his game into and plays hard every time." Looking back on his time as a Bison, Calhoun said he is thankful for the experience he has had and the hard work that the team has put in over his four seasons. Calhoun said the team wants to invest in each other and leave a legacy for those to follow. "There is something special when a group of men come together and work toward a goal that is bigger than each individual person," Calhoun said. "I have learned life lessons from my coaches and the game itself. One of the things that I've tried to do is to remember good players and sets with good people. The past four years, I look back on it now and I have grown as a person because of the Harding basketball program." Calhoun's current batting average is .398 and was leading the conference in home runs, RBIs, and hitting percentage in the spring. Calhoun also received Academic All-GAC in 2012 and 2013. Head coach Patrick McGauley said he commended Calhoun on his work ethic and leadership on and off the field. "Matt is an extremely hard worker, and he helps set that tone for the team; the other guys see him and the work ethic that he has, and he's a great leader for them," McGauley said. "He doesn't give a lot of team speeches or anything, but he definitely leads by example. He's a quality young man, and that carries over on the field. He is one of the best hitters I've ever coached in my career, and he can hit his game into and plays hard every time." Looking back on his time as a Bison, Calhoun said he is thankful for the experience he has had and the hard work that the team has put in over his four seasons. Calhoun said the team wants to invest in each other and leave a legacy for those to follow. "There is something special when a group of men come together and work toward a goal that is bigger than each individual person," Calhoun said. "I have learned life lessons from my coaches and the game itself. One of the things that I've tried to do is to remember good players and sets with good people. The past four years, I look back on it now and I have grown as a person because of the Harding basketball program." Calhoun's current batting average is .398 and was leading the conference in home runs, RBIs, and hitting percentage in the spring. Calhoun also received Academic All-GAC in 2012 and 2013. Head coach Patrick McGauley said he commended Calhoun on his work ethic and leadership on and off the field. "Matt is an extremely hard worker, and he helps set that tone for the team; the other guys see him and the work ethic that he has, and he's a great leader for them," McGauley said. "He doesn't give a lot of team speeches or anything, but he definitely leads by example. He's a quality young man, and that carries over on the field. He is one of the best hitters I've ever coached in my career, and he can hit his game into and plays hard every time." Looking back on his time as a Bison, Calhoun said he is thankful for the experience he has had and the hard work that the team has put in over his four seasons. Calhoun said the team wants to invest in each other and leave a legacy for those to follow. "There is something special when a group of men come together and work toward a goal that is bigger than each individual person," Calhoun said. "I have learned life lessons from my coaches and the game itself. One of the things that I've tried to do is to remember good players and sets with good people. The past four years, I look back on it now and I have grown as a person because of the Harding basketball program."
Serious student projects display at ‘Synapse’

by Kristi Soto

The Searcy Art Gallery is displaying the graphic design show “Synapse”, showcasing the portfolios of the senior graphic design students, until April 11.

Senior Tyler Carimick said the graphic design section collaborated for the show to be named “Synapse”, which is a structure in the nervous system that permits a neuron or nerve cell to pass an electrical or chemical signal to another cell.

“So if you break it down, a synapse is what allows us to feel, both physically and emotionally,” Carimick said.

Inside the gallery hangs the title of the show, “Synapse”, created with multiple colored strings, which according to senior Lori Sloan, represents the different ways of the brain. Rowlett said it also represents the diversity found among the senior designers.

“It illustrates how we all have different abilities in the graphic design group,” Rowlett said. “We ways we connect in our own lives, both physically and emotionally, and so ‘Synapse’ helps you make the connection. We ways we connect in our own lives, both physically and emotionally, and so ‘Synapse’ helps you make the connection.

Layne said people like Chance Collins or David Burks, who currently serves on the Municipal Airport board, have long taken an interest and active role in partnering with nearby businesses.

“You have a tremendous number of people, for having board meetings. But it’s that kind of exposure,” Layne said. “It does wonders for the town.

Buck Layne, who has been president of the Searcy Chamber of Commerce for 11 years, said he believes the fiscal impact of Harding administrators’ lead in planning Searcy’s more than $60 million annually.

“It’s a phenomenal number’,” Layne said. “It was a tremendous lead that Buck Layne and the community collectively have put in place.

Layne said he estimates only includes the money students spend, but also money people spend when they come to Harding for any of the variety of events on campus.

“Whether it’s Spring Weekend, when all the bonds are broken, and when there are sporting events or any kind of competition, they draw in people from all across the state. There was a robotics competition at Harding recently, for $5 million, and I heard there were over 600 students from 10 states represented. There are all kinds of things going on at the school.”

Layne said Harding’s faculty and administration have a unique role in the local community and economy. He said people like Layne, who currently serves on the chamber board, have brought an interest and active role in partnering with nearby students.

For instance, Layne said that in 2012, Harding administrators entered a new graphic design program and built a new terminal at the Searcy Municipal Airport.

“There are, of course, some obvious reasons they would have an interest in it,” Layne said. “Harding uses it quite a bit, bringing in internationally known speakers from time to time, to interact with the people, for having board meetings. But they also do, for instance, that they have been behind, be it a tax or any issue that will make our town a better place to live, they are always supportive.”

The only major problem existing between Searcy businesses and Harding students, Layne said, is the fact since so many students are from out of town, relatively few decide to stay in the area after graduation.

“I have learned of how to interact with people who have been with a long-term, Layne said. “I think that is a real skill that everyone needs to go through.”

Senior Brittani Mallec attended the reception held for her friend, senior Alex McCaly.

Once inside, Mallec said the dynamic displays from all of the artists do not disappoint.

“It is definitely worth their time to stop by the gallery. If for no other reason, just to open their eyes to creativity that they may have never seen before," Mallec said. "I don’t know"

Mallec said her favorite part about the gallery was how it showcased the individual style of each artist.

“There were some of the same projects displayed, but none of them were remotely similar,” Mallec said. “I was amazed at the creative minds of the artists. Amazed and slightly jealous.”

Senior Sarah Sotom from senior Tatiana Barorraine, Tyler Carimick, Rose Dean, Hannah Kimbro, Alex McCaly, Amber Reed, Lori Sloan and Brad Thompson.

Learning to live a lifestyle of poverty

by Marianna Woodruff

The social welfare policy and services II class conducted a poverty simulation from March 24-27. Approximately 35 students participated in the simulation in which they were allowed to spend only $3 each day. Money not used each day rolled over to the next day. The simulation was done to demonstrate to students how much money those who live on welfare are given.

The $3 could be spent on everyday necessities like driving and food. Other costs that are normally covered by housing, like showers, were also factored in. The $3 simulation could end each day.

Junior social work major Amber Walker said the adjustments she was forced to make to her lifestyle were very noticeable.

"It hasn’t been terrible," Walker said. "I found myself making dramatic adjustments to keep up with being impoverished." Walker said. "It really hit me hard when I had to tell my friends ‘no’ when they asked to hang out off campus because I didn’t have the money to do anything outside of eating. This project really made me realize how people who are living on welfare are forced to make these kinds of choices every day.

Senior social work major Molly Gunawan, along with the other students in the class, kept a poverty journal of the week. She said the first day was not as bad as she had expected, but the days following became more of a struggle. By the last day, Gunawan was tired and low on energy.

"Once you run out of money, you run out," Gunawan said. "It’s exactly what people who live on welfare are doing everyday. Then you have nothing to use, you pay for gas." Below is Gunawan’s poverty journal in which she details how and on what she spent her money each day of the week.

Wednesday, March 26: I was really tired. I guess my body knows that I am not getting the normal amount of nutrients, so I have no energy. Today was easier with food, being able to swipe into the caf and find something cheap for dinner. I have been very tired all day. I have realized that after eating a little better today than Edin yesterday, I feel sick after eating.

Thursday, March 27: Today wasn’t bad. I managed my money well and I found cheap things to eat. It was a successful day. It was a nice eye opener," Gunawan said. "People do eat all that junk food. I can look forward to tomorrow because this week will have ended, but other people don’t have that opportunity."
Men's fashion tips and tricks

One of my least favorite things about young men these days is that many of them are not interested in their appearance. It seems to be a popular idea to dress in a way that causes others to feel off-put by the fact that they are not concerned about what they are wearing or what might be needed for men to wear. To remedy this, I have been looking for tips on how to dress with boys in which they have been seen interacting at school that they should wear and were noticing their style.

For boys who actually care and boys who like to dress nice but really do, here are my top five fashion tips for men.

1. Patterned button-up shirt and leather loafers:

This is a nice idea to wear casually with jeans. Wear a brown and leather button-up shirt and leather loafers. A colorful plaid button-up shirt with light blue jeans and a pair of leather loafers is absolutely beautiful.

2. Nike, Adidas, and Lebron James:

Boys who are feeling extra stylish, my favorite trend for fall and winter is the monochromatic outfit. Pick a plaid button-up shirt on a day when you are ready to wear casual attire.

3. The black sneaker:

This is another great option. If you are going to a formal event, a black sneaker is a must. It's easy to walk in and looks great. The only problem is that you can't wear them with any other outfit.

4. A well-tailored suit is a force

to be reckoned with. At the risk of sounding very cliché, it was not until I saw a pair of leather shoes that I realized the potential of a suit.

5. A white-tailored suit is a force

to be reckoned with. As the risk of sounding very cliché, it was not until I saw a pair of leather shoes that I realized the potential of a suit.

**Mitt** showcases family, not politics

BY Talyor Dold

Released on Jan. 24, the Netflix original documentary "Mitt" offers a profile of former Gov. Mitt Romney's two presidential campaigns in 2008 and 2012. The doc is a detailed look into the day-to-day politics and personal life of the former Massachusetts governor. The documentary is a well-crafted account of the Romney campaign and his family. It is a must-watch for anyone interested in the world of politics.

The film follows Mitt Romney through his campaign, and the story begins with a family meeting in preparation for the campaign. The documentary contains a wealth of information about the Romney family and their political views.

In the documentary, Mitt Romney talks about his family and his political views. He says, "If we had not had near the dramatic impact of the Romney campaign, it would not have had near the dramatic impact of the Romney campaign. Every scene went without a single flaw. Of the characters in the production, Romney was by far my favorite. Her performance was phenomenal and she sang with ease."

"Mitt" showcases family, not politics. When I'm looking at a boy's clothing, I never see a nice pair of jeans and a pair of leather loafers, which leads into Tip No. 3.

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