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In Sports:

Football season is fast approaching. The team prepares with new turf and hard work.

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"For Bison readers who are new to the area, let me explain why locals now take off their hats and weep uncontrollably whenever the phrase "One Stop" comes up in conversation."

Claxton celebrates Georgetown's former hidden gem. SEE Page 4a

In Campus Life:

The comprehensive and indispensable guide to freshman year.

SEE Page 4b

Uplifted during Impact



photo by ASHEL PARSONS | Student Publications

Sophomore Harrison Waldron helps guide sophomore Morgan Smith through the air for the crowd's entertainment during Student Impact's '90s theme dinner. Theatron members, such as Smith, helped out by serving as the "Fun Police."

Board of Trustees, Burks anticipate new president

by LYNDSEY RUBLE editor-in-chief

The start of a new school year brings vet another camaraderie speech by President David B. Burks. This year was the last chance for students to correctly spell the word meaning "good-fellowship" or "brotherhood."

Burks will retire at the end of the 2012-13 school year, and the finality of it all is beginning to sink in for both Burks and the committee looking to replace him.

"My role is to answer questions and give advice, when asked, but otherwise I am not keeping up with the process," Burks said. "The decision is entirely that of the Board of Trustees and not one that I will make. That's the way it should be."

According to Chairman of the Process Committee, Dr. John Simmons, applicants are currently responding to a series of questions on a number of issues regarding the presidential position. After that, the applicants will take a variety

of different psychological tests to further discern their personality traits and tendencies, values and leadership aptitude. They will then be interviewed individually before more elimination, culminating in the final questions and interviews that will decide who Harding's next president will be.

"Our belief is that God had prepared a person for this position, and our prayer is that He will lead us to that person and open our eyes to see that preparation," Simmons said.

Both Simmons and Burks expressed the need for prayer from the entire Harding community during this process. Burks said his main objective throughout this process is to ensure a smooth transition for the new president and prepare the university community for new leadership.

To assist with the changes coming, Burks appointed a transition committee as well as a prayer committee. The transition committee will focus on communication as well as helping to plan events to celebrate the past and future of the university, Burks said. Burks called the prayer committee "prayer warriors," who are scattered across campus and praying for all aspects of the presidential process. Both committees consist of faculty, staff and students.

Though Burks is not involved in the selection process, Simmons said Burks has been helpful in answering questions the Board has had without trying to promote any particular individual over another.

Burks is also willing to advise whoever will be chosen for the job.

"The most important advice is to just realize that God is faithful and that God has blessed this university in an enormous way over its 80-year history," Burks said. "I am confident that God will continue to bless this university and, by relying on God, wonderful things will happen."

This year is Burks' 26th year as president of the university. His successor will be named in January or February of 2013.

Omega Phi

New men's social club makes campus debut

by KASEY COBLE asst. copy editor

As we are getting back into the swing of things, social clubs are finalizing preparations to begin seeking out new members to join their clubs. For Omega Phi, the new men's club on campus, it will be their first ever set of new members.

The new club began forming in the spring, led by seniors Stephen Albers and Carter Wright and sophomore Austin Collum. The three men wanted to help accommodate the increasing number of freshman coming in each year.

"We wanted to create a place where guys could come and be encouraged and grow and show that encouragement to others," Albers said. "We also saw a need for more clubs on campus."

Albers and 30 other men brought their idea to Assistant Dean of Students Kara Abston after meeting the qualifications to begin a new club, which include having a core group of at least 10 upperclassmen who were formerly in social clubs, completing a constitution to be submitted to the Office of Student Life and using a name that is not affiliated with any national Greek letters.

"I was approached by a group of men both in clubs and not in clubs that wanted to begin a new one," Abston said. "If 25 plus people come to me to form a club, we are

going to help them." After choosing the name Omega Phi, which had been a club at Harding before but had dissolved, the men established their colors as gold and maroon and chose Proverbs 27:17 as their club verse, which states, "As iron sharpens iron, so one person sharpens another."

As it shows through the club verse, Albers said that the goal of the club is to be Christ-focused.

"We want to focus on Christ first and our brotherhood second," Albers said. "We want this to be a place where your faith can grow."

The club hopes to grow in size this year as well. With new member activities approaching quickly, the club could potentially double in size depending on student interest. Omega Phi is allowed to absorb as many members as they have, leaving them with the possibility to have close to 60 members by the time Club Week is finished.

We want to focus on Christ first and our brotherhood second. We want this to be a place where your faith can grow.

-Stephen Albers, senior

Like any other social club on campus, Omega Phi plans to have two service projects. a retreat and two functions every semester. They already have two faculty sponsors on campus as well: Jake Brownfield, director of academic advising, and Ken Bissell, a regional director of advancement.

The members of Omega Phi are looking forward to forming relationships with other clubs as much as possible.

We hope to reach out and get involved with as many clubs as we can," Albers said. "We want to create a community with all clubs."

Dean Abston is also looking forward to seeing what Omega Phi will do in

"I'm very excited about a new men's club," Abston said. "This is a group of outstanding young men coming together to form this. Our office supports

Omega Phi will begin recruitment with the other social clubs at the Officer Open House on Sept. 1 at 1 p.m. in the GAC.

"Passports," bands for fall concerts

by HOLLY BOHNETT co-director of CAB class writer

While hundreds of students get their passports stamped as they travel overseas this fall, thousands of students are left behind in Searcy. Fortunately, the Campus Activities Board released a new version of the PASS, called "Passport," as well as announcing the bands that will perform on campus this fall.

The Campus Passport, a new version of the PASS, allows access to all events on campus as well as discounts and benefits at local businesses.

Among the many concerts students can attend with the Campus. Passport, Pentatonix is expected to draw the largest crowd. Pentatonix, an a capella

group that won last year's third to the genre." and final season of The Sing-Off, will visit Harding's campus on Oct. 23.

"Students have been really excited about it to the point where I'm considering changing venues because we have so many people that want to go," said Logan Light, director of the Campus Activities Board.

The show was originally scheduled to take place in the Administration Auditorium, but may be changed to the Benson as a result of excessive interest.

"I'm looking forward to Pentatonix, not just because of their sound, but to see how Harding reacts," said junior Reid Belew, a public relations assistant for CAB. "A lot of students here grew up on acapella music, and this is an incredible new approach

In addition to Pentatonix, Ben Rector will return to campus on Oct. 11, and Eric Hutchinson on Nov. 30. This semester, CAB has intentionally booked several shows that will fit into a smaller venue rather than packing the Benson with a well-known name that might attract a larger yet more specific demographic.

"We have so many different types of people here at Harding," Light said. "I want to make sure every one of them feels like they have an option to be entertained and it's harder to please more people with one big show than it is with several smaller shows."

While a large concert may attract a greater number of people, several smaller shows engage students consistently throughout the year and appeal to people with wide interests.

"Some of my favorite CAB concerts were ones I never expected to enjoy, like The Belle Brigade last fall," junior Breana Josephson said. "So I'm looking forward to hearing some new music and attending more concerts throughout the semester instead of one big concert."

The Campus Passport will also reward students for attending events such as movies, plays, musicals, Spring Sing and more.

Students who purchase the Passport will receive a stamp at each event they attend, with the ultimate goal of reaching the third of three tiers.

Once you get 30, 60 and 100 stamps, you reach the first, second and third tiers, respectively.

A Campus Passport holder

varieties of personalities and will always receive benefits no matter what level they have reached, Light said.

By reaching the first tier, students can earn discounts at several local businesses.

"The Campus Passport is an incentive-based program that hopefully is encouraging students to attend events ... by giving them the opportunity to earn discounts at local businesses," Light said.

In addition, once students reach the last tier, they are entered in a drawing to receive entry into a free international

"The prize is priceless," Belew said. "The prize for the winner of the drawing gets a life-altering three months, and all you have to do is walk a few hundred feet out of your dorm."



BEYOND THE BUBBLE

NEW ORLEANS — Hurricane Isaac made landfall Tuesday night 95 miles from New Orleans. The category one hurricane arrived on the eve of the seventh year anniversary of Hurricane Katrina according to NY times.com.

BALTIMORE — A 15-yearold student shot and critically wounded a classmate Monday in the cafeteria of Perry Hall High School near Baltimore, Md. The 17-year-old victim is in critical condition according to The Huffington Post.

HOUSTON — The Centers for Disease Control and Prevention has received reports of 1,590 cases of the West Nile virus around the nation, including 66 deaths. The Dallas, Texas area has been the hardest-hit region with 309 reported cases according to nytimes.com.

ENTERTAINMENT—Girl rocker Avril Lavigne and Nickelback lead singer Chad Kroeger announced their engagement last Wednesday. Kroeger proposed with a 14-carat diamond ring according to CNN.com.

Impact rallies for Reclaimed

by KYLE REEVES student writer

This summer, Harding University teamed up with alumna Sydney Clyde and her non-profit organization, Reclaimed, to collect more than 14,000 T-shirts to be refashioned and sold to benefit individuals in Nicaragua.

Summer Uplift and Impact students helped gather the T-shirts, which were then sorted by size and color in preparation for shipment to Nicaragua as part of an Impact service project.

"Once the shirts arrive in Nicaragua, they will be taken to Sydney Clyde where she is teaching local women to sew," said Monique Jacques, 2011 Harding University graduate and current member of Reclaimed. "The shirts will then be taken apart and sewn back together into a whole new creation which is the lesson Reclaimed is trying to pass along."

According to the organization website, reclaimed clothing.com, the goal of Reclaimed is to reinvent the lives of battered individuals through their own hands. The organization takes people from abusive circumstances and teaches them how to refashion donated clothing into new marketable items.

Jacques said, in this way, Reclaimed is a living metaphor.

"Not only are we taking things that have been tossed by the wayside and creating them into something new and marketable, we're making a stand for lives and for the greater value that can be



photo by ASHEL PARSONS | Student Publications Freshmen students sort more than 14,000 T-shirts gathered on the Benson Auditorium stage as part of an Impact service project for the non-profit organization Reclaimed.

seen in these women," Jacques said.

This message of value, according to Jacques, is the heart of Reclaimed's mission.

"Above the little stitched together T-shirts is the message that we value people, and not just telling them that but teaching it to them so that they can see the value they have themselves."

Jacques said Reclaimed hopes to continue spreading this message of value and that T-shirts in Nicaragua are just the beginning. According to Jacques, she hopes the women will soon move on to sewing more complicated items such as dresses. The organization also has plans to go global and reach out to more people around the world.

"Eventually we want to have sewing centers in Haiti, Guatemala and Cambodia, and we have some of the connections in place already," Jacques said. "We're hoping to have those running by 2014 as well as some in major cities in the United States and Canada."

As for the Impacts students involved with the project, fresh-

man Austin Lanier said he enjoyed having the opportunity to come together with other students to help promote Reclaimed's mission.

"The service project was a lot of fun," Lanier said. "Just being with other people. It was a win-win situation really. [The women] are making money and having a job making things that can be sold. I always love helping people, especially when a group makes it easy like that and I just show up and help. It was a really good idea."

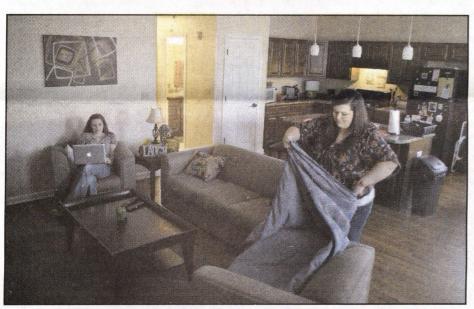


photo by Savannah Lee | Student Publications Junior Erin Malec relaxes as senior Kristen Bay straightens up their new Legacy Park apartment. Construction began on Legacy Park last spring.

Living inside a Legacy Legacy apartments open to students

by HAZEL HALLIBURTON copy editor

Last semester, Harding University announced plans to build new privileged housing for students that would offer more apartment style living on campus.

This summer, Harding added Legacy Park to its campus and also added additional housing to The Village apartments.

According to Patty Barrett, director of residence life, this add-on included 32 new apartments in Legacy Park for women's privledged housing and 12 brand new apartments in addition to 27 existing apartments in The Village for men's priveleged housing. Both apartment complexes include additional rental apartments for any student eligible to live off campus and Harding faculty and staff.

While Legacy Park has a limited acceptance of spots, totaling 118 spots for women, and requires an application process, senior Kayla Howard said she thinks the new apartments are worth applying for.

"I like it a lot," Howard said. "It almost gives me a glimpse of what it will be like living in an apartment after Harding. We have a larger living space with a good sized kitchen to use, and we have Wi-Fi built in so we don't have to worry about router problems or a slow network connection."

Each apartment in Legacy Park includes a washer, clothes dryer and two full bathrooms. Students staying in the apartments are only limited to campus curfew, not residential curfew, meaning they are not allowed to be on Harding's campus after curfew but are allowed to leave their apartments as they choose, according to David Collins, dean of students and vice president of student life.

Collins said apartment residents will

We have a larger living space with a good sized kitchen to use and we have Wi-Fi built in so we don't have to worry about router problems...

 Kayla Howard, senior

not be required by the school to sign out on weekends as required in the dorms, but the students have been requested to communicate with their dorm manager and apartment roommates before they leave as a precaution.

"We're very excited about the new apartments," said Ranan Hester, assistant dean of students. "They're very nice apartments, and it is a privilege for the students to live there. There has been a lot of thought and preparation to go into making these

apartments possible."

Hester said the safety of the students has been considered and that the apartments will require going through two locked doors, one with card access and the second being a room key. Public Safety will routinely check the area and watch carefully for anything that might appear suspicious.

Much like Pryor and Shores Halls have required in years past, Legacy residents will have to possess good academic and chapel standing, have no previous disciplinary record and must present recommendations from their previous resident life coordinator.

Collins and Hester both said they hope that incoming students will see Legacy as an initiative to do well while at Harding, in hopes to be accepted to live in Legacy and to realize that Legacy is a "privilege to be earned."

The Underground to reopen as The Bridge

by JESS BOYD web editor

After closing in 2011, The Bridge, formally known as The Underground, will open its doors again in early October. Along with receiving a new name, owner Sean Hudkins said the concert venue cafe has undergone changes to its menu and interiors.

"We are going to have a scaled down cafe consisting of drinks, shakes and coffee," Hudkins said. "The Bridge will be a place for people to study, talk, play games, watch Netflix or whatever they want to do."

The 130-year-old building was in need of a facelift, according to employee Kelly Beggs. Construction and renovation plans included new paint for the walls, an improved heating system and a new stage and lighting system. Beggs said that despite the updates, The Bridge will still have the same homey feel as The Underground.

"My friends used to go to The Underground all of the time just to study," junior Amanda Emmet said. "It's a lot bigger than other places in town, and it's easier to study there because it's more relaxed and you can get coffee."

Within the next several months, Hudkins said he plans on opening the concert venue portion of The Bridge. In addition to showcasing local talent, The Bridge will host bands from the Memphis and Little Rock areas. Hudkins said he wants to continue featuring Harding musicians as well.

"It has a great atmosphere for playing live music because it's a place where students are welcome to come and relax and get a break from life on campus," junior Kolton Thomas said. "Also, my style of music is more in the acoustic genre, which fits the setting of [The Bridge] because people can still have conversations and get coffee and eat, while my music serves as background music."

Other plans for the space include yoga and Zumba classes, as a part of Zion rock gym, and conference space for community organizations.

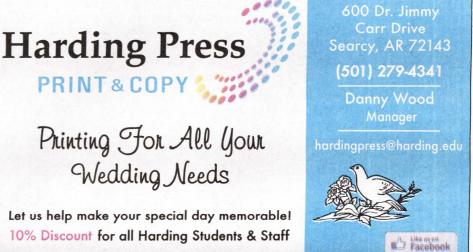
According to Hudkins, his main goal for opening The Bridge is to provide a safe and inviting environment for the Searcy community.

"We're hoping to make it more of a place where we can connect Harding with the community," Beggs said. "It's so easy to just make it a Harding place because there are so many people, but we don't want it to feel like a place where only Harding kids go. Instead, it can be a place to bring your family."

The Zion rock gym is still fully functioning and open daily 6 p.m to midnight. Hudkins said starting out The Bridge will be open 6 p.m. to midnight as well.







Opinions Friday, August 31, 2012

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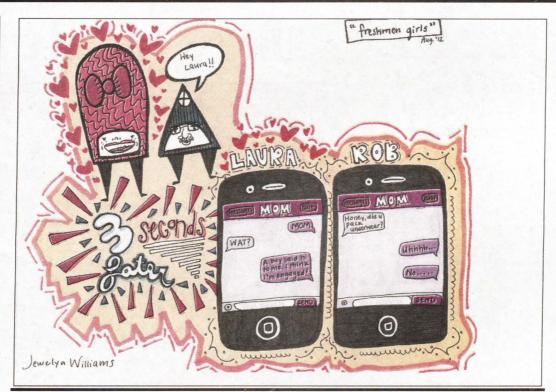
Shelby Istre Smith

At the Bison, it is our goal to serve the Harding University student body with integrity, truth and open ears. However, we believe that meeting that goal is a two-way street between our staff and the public it serves.

We pledge to keep our eyes and ears open to what our community has to say and hope that, in return, that community will be an interactive audience, sharing its stories with us. We also pledge to do the basics: report accurate and relevant information, check our facts, and share them in a professional, integrable manner.

If you have any story ideas, questions, comments or concerns for the Bison staff, please e-mail Lyndsey Ruble, the editor-in-chief, at Iruble@harding.edu

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A History of a Garden

daniel kiser



The history of the Harding community garden is as bumpy as the ground it started on, though hopefully not quite as dense. Over the past four years, students have struggled against barren soil, the absence of functioning tools, their abject ignorance of how things are grown and, of course, unimportant distractions that took up all their time (like getting good grades and graduating) — all to produce the garden you see now. Which is, well, a bare spot of ground. It is sad but true. Right now there is nothing growing there.

In the spring of 2009, a group of students involved in HUmanity received permission from the Harding administration to build a garden on a small plot of land located on Park Avenue, across from Harding Academy. It had previously been the site of a dormitory, which may give you an idea of the quality of the soil. However, the plot came with a shed and a spigot for water, so it would be hard to ask for more.

Upon hearing that this group of students was leasing small plots in the garden for \$20, I convinced two of my roommates to rent a plot with me. If we had known anything at all about gardening, we would have known that failure was inevitable the moment we aimed the first shovel at the ground. It is best if there is something other than just clay in the soil. But we dug down deep

anyway, creating raised beds and sunken walkways. The end result was that the raised beds baked until they were almost as hard as your ceramic coffee mug, and the walkways filled with water and never, ever drained. We thought about growing rice

in the walkways. Plots were not leased the next two years because nearly all of them had failed in a similarly dramatic fashion. Instead, activity centered on one corner of the garden that had been inundated with compost and cow manure, and which consequently had better soil. Some decent growth occurred there, but once everyone left for the summer, all of the tomatoes went to waste, and all of the weeds bolted and went to seed. When those of us who had tended the plot returned in the fall, it looked terrible.

Last year, we tried to clean up our act. We pulled up all the weeds and dug new beds that were evenly spaced and ran in the same direction. We tore down the old compost bins, which were fashioned with chicken wire and rickety boards lashed together, and replaced them with compost bins made from pallets from Lowe's, which are sturdier and look somewhat better than tangled chicken wire. We poured more compost and manure on the soil and began a new batch of compost with food scraps from the cafeteria and leaves from Physical Resources.

We also wrote a constitution to form an official student organization to maintain the garden, and we renamed the garden "Harding Farm: A Community Project" to underscore the garden's dual role in producing food and engaging

the communities of Searcy. Unfortunately, by the time we finished writing the constitution, there were more officers listed in the constitution than there were people who were still involved in the garden. Nearly everyone (including myself) had graduated.

The constitution and the student organization we tried to form can either be taken or left, depending on whether it seems helpful to those who decide to make the garden their own, but what the garden really needs right now is people. The ground is ready for planting. There is a pile of dark, rich compost that needs only to be spread to make things grow. There is an OK collection of tools in the shed, and there is water available at the twist of a knob. There is even a constitution that would allow you, if you wish, to list "Garden Coordinator" on your resume. All that is needed is you.

If you do decide to get involved, there is no need to wait for the spring semester to get started. Fall is a wonderful time to grow things. Broccoli, spinach, lettuce, turnip greens, carrots and even some kinds of flowers all grow well in the fall. If you want to live a more sustainable life in the midst of God's creation, growing good food in a garden on a cool, sunny fall day is a pleasant way to do it.

Contact Meagan McLain at mmclain@harding.edu for more information on how to become a part of the Harding community garden.

DANIEL KISER is a guest contributor for the Bison. He may be contacted at dkiser@harding.edu.

Just Take a Moment



hat do we desire most? Intelligence? Love? Freedom from rules? Do we pray for things that make us comfortable or that will comfort others? What do we wish to do with the things we have obtained?

I begin my prayers by saying, "Dear Lord, ..." and carry on to other "more important" requests. I pray for my body, my soul, my mind and my happiness. After I list my burdens and request relief, I finish with, "In Jesus' name, Amen." Lying in bed, my heart feels heavy, and my mind is plagued. I failed to pray for family or give thanks. I live in luxury and meander through life carelessly, forgetting about so many important things things that I already have. It is interesting that I never forget to complain about what I lack or the burdens that have been

placed upon me.
Our minds are sullied with time and aggravation. Our lives progress through each disquieting minute with aching bodies. Do

we keep walking, hating every moment? Or do we take a seat and rest? This restful moment allows stillness, a chance to quench our discouraged spirits.

As you settle and perceive, you look back at how far you have come, wondering how you have done it. And looking ahead, you wonder how you will ever make it. Your heart grows stronger with every breath, shoulders at ease, and you've healed. Appreciating your achievements, you feel a need to thank something higher than yourself because you know you were not alone. Following an invisible presence along the way, you find weary companions struggling, clearly relying on their mere human strength, cursing their bodies and casting blame. You are glad that you were not too proud to deny a moment of rest that changed your journey's route.

When we pray for comfort and love, usually we are praying for things we already have. So we must be somewhat blind to what we are given, enchanted by greed and the need to fight back at whatever seems to be limiting us. Should we change our perspective? Some of the things appearing to control us are actually protecting us, as we have asked God to do. We pray for these things, God provides,

but we interpret the answer with our ego, and thus, we see it as punishment instead of blessing. We have unique minds, eccentric beliefs that augment our faith and different means of pleasing the Lord, but I believe that if we ask something of God, we need to be ready for the answer because it might come with instructions. I feel that instead of dealing with the rules that accompany answered prayers, I force rules onto God.

True, guidelines are not contemporaries' idea of joyous living, but what if they are a part of God's plan? If we have asked for it, shouldn't we be less hasty to disparage these gifts?

I am in store for radical change. Why? Because I desire positivity, joy in the things that I never noticed. I desire the desires of God, and instead of choosing how to use my gifts and all I have obtained, I want Him to choose. Suddenly, the path is refined, and I see a celestial glow. God is my moment of rest, dear friends, and I hope the same for you.

HALEY ROGERS is a guest contributor for the Bison. She may be contacted at hrogers1@harding.edu.

aerial whiting

Happiness Is ...

Having a Church Family

appy Friday, dear friends. I hope you had a wonderful summer and that you are excited for this school year.

This is my last semester as an undergrad, and my goal as opinions editor is to share ways that I have learned to find and spread joy during our time at Harding. Joy is one of the fruits of the Spirit (Galatians 5:22), and God calls us to rejoice in Him always (Philippians 4:4). Joy should be one of the defining characteristics of Christians, woven into the fabric of our being regardless of the challenges we may face. As such, I have chosen to make it the focus and heart of my column, which will explore practical ways to grow in this area of our Christian walk and to make the most of our college years.

One of the most joyous parts of my Harding experience has been my local church. I have been worshipping with the same congregation since I was a freshman, and God has poured out His blessings on my time there. The members have welcomed me into their homes, visited me in the hospital, driven me to and from an internship and encouraged me to teach a children's Bible class. I have formed friendships with many of the families there, and I have grown deeply attached to the congregation as a whole.

My hope for you is that you too will find a church family in Searcy with whom you can worship every Lord's Day and Wednesday night, if you have not already. It can be easy to slip into a pattern of visiting different churches every week without ever placing membership at one church and putting down roots there, but I want to suggest a few reasons to place membership at a local congregation and attend there throughout college.

One of the benefits of placing membership at a church is the accountability it provides. If the elders, deacons and other members of the congregation know to look forward to seeing you each week, they can be there for you if you become discouraged in your attendance; they will be the ones who edify you and exhort you to come back. This accountability is a reason to rejoice; Christians are not supposed to forsake the assembly (Hebrews 10:25), and if we have people cheering us on to be faithful in our attendance, we are much more likely to do so.

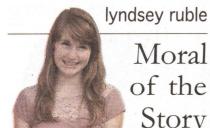
Likewise, another blessing of placing membership at a local church is that we are an encouragement to the other members. Believe me when I say that the churches in and around Searcy are excited and spiritually uplifted when you come regularly. Even though we are young, we can set an example to the Christians around us (1 Timothy 4:12), and it is a joy to know that our very presence is an avenue to serve others.

Finally, getting plugged into a church provides us with myriad opportunities to use our talents for God. We have the chance to teach Bible classes and work in various ministries; men can wait on the Lord's Table, lead prayers or singing, and even preach. If churches know that we are attending regularly, they are more likely to invite us to serve in these capacities, which will in turn help us to grow as godly men and women.

If you are in the process of visiting churches, I wholeheartedly encourage you to place membership at a local congregation — because happiness is having a church family.

AERIAL WHITING is the opinions editor for the Bison. She may be contacted at awhiting@harding.edu.

Opinions Friday, August 31, 2012



Moral of the Story

Put Your Goals in Writing

new semester is a blank slate. Your GPA may not always agree with that statement, but bear with me. Despite the challenges or failures some students may have faced last year, everyone arrives on campus with some sort of hope or ambition for the school year ahead. Unfortunately, academic ambition is good at disappearing a few weeks into the semester. Let's be honest, some days you are glad you are even still literate. Those are bad days, but do not worry; I have a plan to return to the blank-slate ambition.

In 1979, Mark McCormack conducted a study on students in the Harvard MBA program. McCormack asked the business students, "Have you set clear, written goals for your future and made plans to accomplish them?" Eighty-four percent of the students admitted to having no specific goals at all; 13 percent had goals but did not have them in writing; and only 3 percent of students had written goals and plans.

Ten years later, the MBA graduates were interviewed again. The 13 percent who had goals but did not put them in writing were earning, on average, twice as much as the 84 percent who had no specific goals.

The students who had precise, written goals were earning, on average, 10 times more than the other 97 percent combined.

Of course, money does not necessarily equate with happiness, but the results of McCormack's study are significant. We are much more likely to accomplish our goals if we take the time to sit down, figure out what we want and put it on paper.

Many psychologists and neurologists researched the subject thoroughly and found that setting a goal tricks our brains into thinking we have already accomplished that very goal. The outcome we are hoping for becomes a part of our psyche, which means we subconsciously start working to fulfill that image in our minds.

In addition, neurologists found that the brain has trouble distinguishing between things we desire and things we already possess. So, failure does not just mean we did not accomplish our goal. For the brain, it means we lost an important element of who we are.

The stress of trying to maintain our goal and succeed is good to drive us toward accomplishment, but it also lays out two general rules for goal setting. First, do not set unreasonable goals. You will stress yourself out way too much, and your brain will see the failure as a traumatic loss. In a similar way, limit your list. Do not write down 20 huge goals and expect yourself to accomplish them all in four months. Take the time to really think of what is truly important to you and set a few attainable, flexible goals for yourself.

Do not let me stop you from dreaming big, though. Set a goal for the semester, then a goal for the year, then a goal for 10 years from now and maybe even a lifetime goal. This will allow you to set your sights high by using steppingstones that act as guides to your ultimate goal.

Whatever time span the goal is for, you will feel more compelled to stick with it if you put it in writing. It's like signing a contract. Put your written goal somewhere that you will see it every day, and each time you see it, it will serve as a reminder of the commitment you have made.

Moral of the story: Don't let the ridiculously humid Arkansas weather suck the ambition out of you. If you know what you want, write it down and go get it.

LYNDSEY RUBLE is the editor-inchief for the Bison. She may be contacted at lruble@harding.edu.

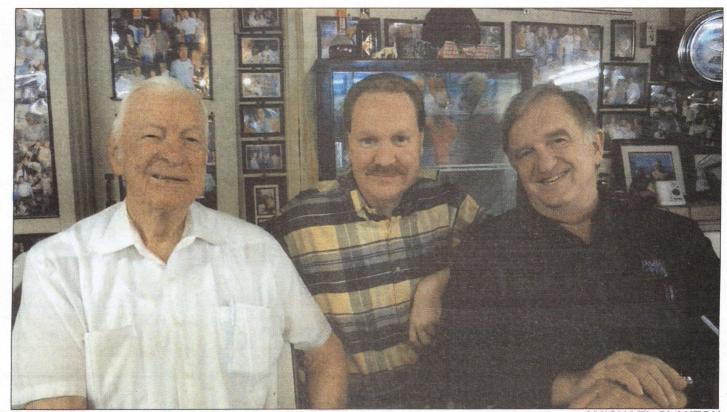


photo courtesy of MICHAEL CLAXTON

Chancellor Clifton L. Ganus Jr., Associate Professor of English Michael Claxton and Professor of Music Cliff Ganus III pay their final visit to the One Stop catfish restaurant in Georgetown. The restaurant closed in July but reopened for two days last week. The money it earned will go toward a trip to build a kitchen for a Christian university in Uganda.

Just the Clax

Last Hurrah at the One Stop

t's not enough to be sitting down when you get this kind of news. Even Llying down wouldn't have cut it. I could have used a crash cart standing by when I heard that the fabled Georgetown One Stop was closing its doors. I was in Georgia during the summer, exactly 535 miles away from the center of the catfish universe, blissfully unprepared to have my world crumble faster than a hushpuppy under heavy foot traffic. But

"Catfish Honey Hole Closes." That was the headline of the Arkansas Democrat-Gazette for the first of July, 2012. The carefully folded clipping fell out of an envelope sent to me by fellow Georgetown regulars Pat and Guilford Rice, who knew that I wouldn't believe the bad news unless I saw it in black and white. I read and reread the clipping, hoping that somehow I had misunderstood the article and that instead of closing, the legendary catfish restaurant was in fact opening a Searcy branch in River Oaks a block from my house. No such luck.

For Bison readers who are new to the area, let me explain why locals now take off their hats and weep uncontrollably whenever the phrase "One Stop" comes up in conversation. The restaurant opened 16 years ago in Georgetown, a community of 126 people about a half-hour west of Searcy. The owner, JoAnn Taylor, had been frying catfish for years when friends encouraged her to open a restaurant. Her tiny square building could seat about 50 people at a time, and it was never wise



to go without calling ahead first.

The food was just that good. JoAnn always insisted on serving catfish fresh from the river, and she trimmed each piece herself. The glistening filets that emerged from her deep fryer were simply the best I have ever had. It was hard to keep from falling over in ecstasy with each bite. That's why the menu featured only two options: large or small. Ever gracious, JoAnn kept some chicken handy for the apostate few who didn't care for catfish. Diners also got French fries, hushpuppies, a cup of coleslaw and a slice of homemade lemon cake. All for under \$10.

JoAnn never advertised. She didn't have to. As customers sat at the plastic white tables and folding chairs, they were surrounded by a great cloud of witnesses. Photographs of smiling catfish lovers graced the walls, giving their silent testimony to the true Southern family that made up the One Stop. The look of contented satisfaction was on every face, along with just a hint of ketchup. I had been there many times over the years, with several different groups of friends. While the drive there was part of the fun — checking out the zedonk in Kensett and puzzling over the empty mansion on Highway 36 — nothing was better than introducing new people to

White County's best-kept secret. Afterward I always offered to help them to the door, as the post-catfish euphoria makes it hard to keep one's balance.

So when I got the news that JoAnn was going to retire, I felt like Charlie Bucket when he first heard that there were no more Wonka golden tickets to be found.

But like little Charlie, I was destined for a second chance. Imagine my delight last week when Pat Rice told me that the One Stop would reopen for charity for two days only. Local missionary Clint Butler — who helped JoAnn restore the restaurant after a flood in 2011 — would be raising money for an overseas trip to build a kitchen for LivingStone International University, a new Christian college in Uganda. Great food and a great cause.

So for two glorious days, the catfish flowed once again. As I sat with a table full of some of my best friends, we talked of good times at the One Stop. Several Harding celebrities were there, too. But best of all, I had just one more chance to raise a red plastic glass of sweet tea to the woman who I have often wished would adopt me. She is a true Southern belle, and I know I speak for all of Arkansas when I steal a line from Douglas Adams and say, "So long, and thanks for all the fish."

MICHAEL CLAXTON is a guest contributor for the Bison. He may be

contacted at mclaxto1@harding.edu.

What the US Has Taught Me



chan hee song

guest space

The very first memory I associate with Americans has to do with a song. It goes like, "Brown Bear, Brown Bear, what do you see?" Though all I can recall from this song is the first line, I still remember myself reciting it in front of my class in the early spring of 1994.

I was 6 years old when my dad came to the United States for a nine-month discipleship training course at a local church in California. When I finished reciting the song, I was greeted with loud applause from my classmates and their parents. I guess it was not typical for people from California to see a Korean child sing, "Brown Bear, Brown Bear, what do you see?"

Certainly, this experience initiated my interest in learning the language and has led me to attend schools in the U.S. However, it was not until August 2007 that I came to America again for college after I had graduated from Bangkok International Academic

School in Thailand. Two years at Bob Jones University taught

me about punctuality. Before Bob Jones, I thought being late by five or 10 minutes was acceptable. And my doing so did not cause any problem in my life until I came to a school that appreciates punctuality and definitely supports it with some measure of enforcement. Though learning punctuality and getting into the habit of being on time was a challenge, now that it has become my habit I appreciate people who are punctual.

I have also learned to appreciate rules and the importance of abiding by them. I think Americans, by nature, like to have certain rules and live in accordance with them. Still, many say rules are there to be broken. I have witnessed, however, a great number of people who actually not only follow the rules but also appreciate the order as a result of everybody's keeping the rules.

This is a refreshing jolt for me since I was used to the idea of taking advantage of the rules by slightly bending them or following them only for obvious occasions, thinking I was very flexible. But in the end, I have come to respect those who choose to follow the rules and still manage to do

an outstanding job. I would be very mistaken if I did not share with you the generosity and hospitality of the Americans I have met in my life. It is true that I have generally been around places where Christians are the majority, and Christians tend to be very generous and

kind to people. But I also want you to know that for two years I have lived and worked very closely with hundreds of U.S. soldiers and officers who are not Christians but are

still hospitable and benevolent. One Christmas break back in 2008, I could not find a place to stay for the three weeks of winter break. It was the last day before the semester was over, and my roommate asked me where I would stay for the break. I told him I was still looking, and suddenly he called his parents and asked them if I could stay with him for the entire break. His parents said yes, and my roommate said, "Problem solved, buddy." Because of my roommate's willingness to help and his parents' generosity, I was able to have a wonderful Christmas break for the entire month at his house in upstate New York.

Unlike many stories that eventually come to an end, my story does not have a conclusion because it is still under way. My learning continues with my sixth semester in college in the state of Arkansas. It is my desire that this learning would ultimately result in a mutual relationship in which not only I benefit from interacting with people here, but also others will benefit from interacting with me.

CHAN HEE SONG is a guest contributor for the Bison. He may be contacted at csong1@harding.edu.



Alexis Hosticka



Facing the fallout

Many of the greatest athletes and sports teams are hailed as icons. But they are not all as perfect as they make themselves out to be.

Cyclist Lance Armstrong is a cancer survivor, founder of an organization that advocates for cancer awareness and the name behind yellow Livestrong wristbands. He has also just accepted charges of doping.

Michael Phelps is, as we all heard a couple hundred times on NBC, the most decorated Olympian of all time. About a week after he competed in London, Phelps modeled for a Louis Vuitton photo shoot, breaking an

IOC regulation. Penn State football won two national championships under coaches Joe Paterno and Jerry Sandusky. Last year a child sex abuse scandal involving the coaches put the entire football team in an athletic rut, so to speak.

Sports have rules, and those involved need to adhere to those rules. But I can't say I always agree with the consequences.

Take a closer look at Penn State. As punishment, the NCAA fined the school \$60 million, imposed a four-year postseason ban on football, took away 20 scholarships over the next four years, placed the program on probation for five years and took away all of the team's wins from 1998 - 2011, when Paterno was head coach.

But why does the NCAA need to punish the players? They did nothing wrong. The coaches should be the ones fined. Taking scholarships away is only going to take away some students' chances of playing in college. Yes, what happened at Penn State was terrible. However, the NCAA needs to pay closer attention to whom those punishments

are affecting. Lance Armstrong, on the other hand, deserves what came at him. One of my biggest pet peeves is when people are "fake." Armstrong put on the cover of a cancer awareness advocate who wanted to raise money for charity. But under that cover, he was a cheater. Now, don't get me wrong, his work with cancer awareness and charity is still wonderful. However, I lost most of my respect for him, so I have to agree with the U.S. Anti-Doping Agency's decision to ban Armstrong for life and strip him of his record seven Tour de France titles.

The IOC still hasn't made a decision about if or how to punish Phelps for modeling for Louis Vuitton. I don't really think that Phelps modeling is an issue, it's the fact that he didn't follow the rules. As an athlete who is frequently in the public eye, Phelps needs to pay attention to little details like IOC rules. He doesn't deserve a big punishment (such as having his medals taken away), but the IOC does like to make a point out of its regulations.

All that said, athletes need to follow rules, and athletic organizations need to be careful of who the consequences fall on when people mess up.

ALEXIS HOSTICKA is sports editor for the 2012-2013 Bison. She may be contacted at ahostick@harding.edu

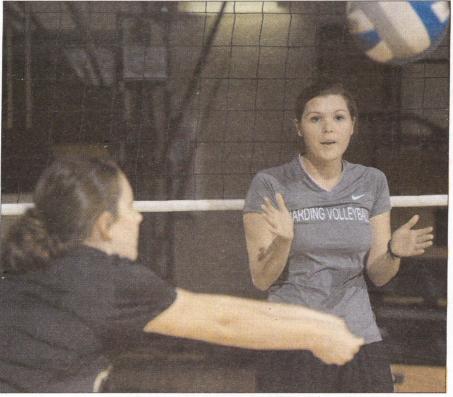


photo by ASHEL PARSONS | Student Publications

New women's volleyball coach Meredith Fear works with sophomore Taryn Eubank during practice.

Going for the kill

by MATT CHAFFIN asst. sports editor

The sharp pop of leather against the hardwood is a sound found resonating throughout the Rhodes Field House as the Lady Bison volleyball team prepares for their season opener tonight against the Rockhurst University Hawks.

As the 2012 season has been fast approaching, the Lady Bisons have been preparing to defend last year's Great American Conference tournament championship with newly hired head coach Meredith Fear.

Fear, a former Lady Bison, comes in as the head coach after a strong season at York College in Nebraska, which ended in an NCCAA regional tournament appearance.

to carry on the recent success of the volleyball program the team must start back at the core of the sport.

"We're starting with a lot of individual skill work, just going back to the basics," Fear said. "You know passing, setting, hitting, all that good stuff, and then working into more team defense and team offense."

Neither defense or offense should cause problems for the Lady Bisons this year as they are returning two

of the three leading blockers from 2011: senior Bailee Graham and junior Alyssa Short, as well as junior Mollie Arnold, who was second on the team in digs last season.

As for offense, the game is about power, and Arnold possesses just that. Arnold is coming into the season looking to repeat her 2011 performance when she averaged just shy of 4 kills per set with her 474 kills last season, which ranks as the 8th best single season in Harding volleyball history.

"I expect to win [the GAC], I really do," Fear said. "I think that we definitely have the ability for that, even the ability to go undefeated."

Fear said she acknowledges the strength and experience that is returning to the team this year.

The Lady Bisons kick off their sea-Fear said she knows that in order son today against Rockhurst University in the Pittsburg State Tournament in Pittsburg, Kan. The home opener is Sept. 4 against Drury University as the Lady Bisons take on last year's road loss to the Panthers. The game will begin at 7 p.m. in the Rhodes Field House.

> "I feel like I have a pretty realistic idea of what our expectations should be before our first match, and we're not there yet, but we're well on our way," Fear said.

Defending a championship

Cross-country prepares for season openers

by TRACY MARÉ student writer

The cross-country competitive season is rapidly approaching as the Harding men and women prepare to take on the Memphis Tigers in the Brooks Twilight Classic on Sept. 1.

Last year, the men placed third out of 22 teams in the meet, and the women came in ninth out of 25 at the same competition. This year, the Harding women are placed at the top of the preseason polls as they are defending champions of the Great American Conference.

Returning to the Lady Bisons is the 2011 Freshman of the Year, Ewa Zaborowska.

The men's polls concluded with Harding ranked second, a ranking helped by Lajos Farkas, the 2011 All-GAC First-Team and Freshman of the Year for the school.

In preparation for the upcoming season, athletes are averaging between 55 and 70 miles per week as part of their training.

Harding will participate in several other meets this season as well, including the Little Rock Invitational hosted by the University of Arkansas, the Sept. 1 University of Memphis meet, the Oklahoma State University Cowboy Jamboree, the Arkansas Tech University Dual Meet and the University of Arkansas Chili Pepper Festival.

While some runners are returning from last year, there are also several new members to both the men's and women's teams.

Senior Rachel Roberts, captain of the women's team, said she is excited about the meets ahead and the team she is working with this year.

"I'm very excited about this season," Roberts said. "We're going to be a super young team, but we have a lot of talent, both returning and incoming.

Roberts said she thinks that the new members of the team will have a great impact on the season.

'The freshmen are already blending in perfectly, and I think we have the opportunity to go far if we continue to work hard and stay healthy," Roberts said. "We're just going to have fun while we run fast and see where it takes us!"

The men and women both practice as a team for about two and a half hours each day, in addition to running countless miles on their own.

Throughout the season, runners are competing and hoping to qualify for the National Championship.

Last year, Harding just missed the cut by three places, but this year senior Eric Wilson, the men's captain, is sure that the teams will make it to the National Championship.

This upcoming season is going to be one of the best Harding has had," Wilson said. "I know we are going to make nationals without a doubt."

Similar to the girls team, Wilson said he is excited about the new runners the team picked up.

"We have many returning runners and new talent as well," Wilson said. "Starting cross-country, we are picking up from where we left off and incorporating the new talent into the team."

new turf, fresh start

by AMY MARÉ multimedia editor

The Bison football team will begin their 2012 season on Sept. 8 as they take on The University of North Alabama in Florence, Ala.

The Bisons hope to start the season strong with four returning starters. On top of hard workouts and training camps,

the team now has another weapon to help them get the win: brand new turf. According to Athletic Director Greg Harnden, the turf was laid over the summer by a company called ProGrass and took about three weeks to complete. Since the base of the field was in such great shape, the project

than expected. The old turf served the team for seven years, where the new generation of turf should last about 10-12 years.

was cheaper and quicker

Since the Bisons share the field with Harding Academy for games and practices, it will be nice to have the new turf hold up

better and longer.

According to head football coach Ronnie Huckeba, the new turf has brought several advantages to the team, the most important being safety.

"I believe the new turf has provided benefit in several areas: it is aesthetically pleasing, it is a much more consistent playing surface and, without a doubt, the biggest advantage is that it has provided an additional level of safety for both our team and our opponents," Huckeba said.

The new turf is also easier on the players' bodies, putting less strain on their legs and feet. Huckeba said the team has had very few, if any, turf abrasions while practicing this season.

Harding did not have to pay for the new turf covered by money from advertisers: First Security Bank, Bison Boosters and the scoreboard advertisers.

The total cost for them was approximately \$360,000, which was much cheaper than expected, due to it simply being a

replacement as opposed to a brand new field.

The team also appreciates the appearance of the new turf.

"The football team thinks it is wonderful,' Harnden said. "Personally, I love the gold end zones and the Bison at mid-field. It is an awesome looking

Senior linebacker Kennard Henderson said the field feels like playing on real grass. He said there is a distinct difference from past seasons.

"I absolutely love the new turf," Henderson said. "It's thicker and softer than the turf we had last year. And it's definitely eye catching.

The first chance to see the Bisons play on their new home turf will be Sept. 29 against East Central University at 6 p.m.

"The team was really excited when coach revealed the design to us and now we're loving practicing on it," senior defensive end Josh Aldridge said. "It's going to be real exciting playing our first home game on it.'

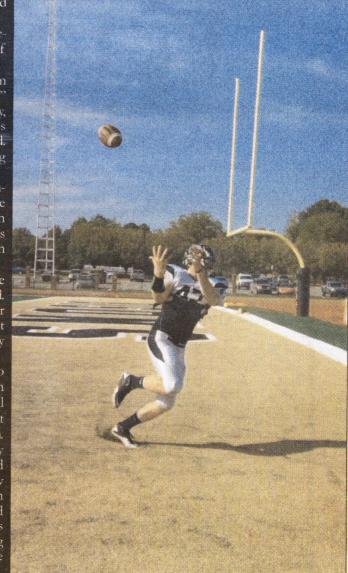


photo by ASHEL PARSONS | Student Publications

Freshman Trey Stafford practices on new turf in preparation for the season opener on Sept. 8 at The University of North Alabama.

the Bison

Sports Friday, August 31, 2012

Starting new conference

Soccer kicks off season with high hopes

By ASHLEY HEASTIE student writer

The men's soccer team kicked off the season in a new conference last night.

Men's soccer coach Odie Guzman said that going into a new conference this season gives him hope to be one of the soccer powerhouses in that conference. Guzman also hopes to develop a winning record for the first time.

"Our program hasn't had a winning record since we were established," Guzman said. "This year hopefully we will be successful on the field and in our new conference."

The results for last night's game against Christian Brothers University were not yet available at the time of printing.

While training for preseason, Guzman said that everything went well and the guys worked hard through fitness tests and long practices, and they worked on shape and organization.

'Just playing from the back, playing through our midfielders and playing up top — that's what the majority of it was,'

Some of the teams Harding will play against are Fort Hays University, which is No. 1 in conference, Lindenwood University and North Eastern State University, which Guzman said the team is most anxious to play.

"I would like to see how our guys match up to them," Guzman said. "They played a division one school and ended up beating them."

Senior midfielder Josh Ireland said that he started training this summer for the

upcoming season.

"Me and my little brother, who's on the team, did a lot of running and a lot of sprints to get prepared," Ireland said. "Coming into preseason, I was very impressed with all the other teammates who did very well on the team fitness test."

Senior outside midfielder Victor Moya said he ran, went to the weight room and mentally prepared himself to train for this season as well.

The men's team has its next match tomorrow at 7:30 p.m. against John Brown University at home.

The women's soccer team also had their season opener last night against Christian Brothers in Memphis. Their next match is before the men's game at 5 p.m. tomorrow also against John Brown University.

Head coach Greg Harris said that while training for this season, the girls worked very hard. He stated how well they work together and how family-oriented everyone is.

"This is a passionate group and one of the closest groups I've had," Harris said. "Practice has gone well, and it's very promising.'

Harris has been coaching since 2001 and became the women's soccer coach at Harding last year. He coached men's before but he has coached both teams for 10 years.

Harris said he wants his team to go out there with a good work ethic and play hard.

"I really want to focus on us being the best team that we can be," Harris said. "Whether it's in practice, a walkthrough or a game."



photo by ASHEL PARSONS | Student Publications

Sophomore forward Cole Walker practices on Wednesday for the team's first match of the season, played yesterday afternoon.



photo courtesy of NOAH DARNELL | International Programs Junior Peter Messer hurls a discus at the Olympic Park in Athens where the 2004 Olympics were held. The students on the Harding Olympic Tour all had the opportunity to train with Greek coaches in ancient Olympic games.

Olympic experience

Shelby Istre Smith



This summer I was a part of the Harding Olympic Tour. We were a group of students and staff members, Dr. JD Yingling, Dr. Jessica Moore and Noah Darnell, who visited Olympia, Athens, Rome and Munich, and saw the old Olympic site in each place.

The grand finale was ending the trip in London to see the first week of the Olympic games.

When people ask me what my favorite part of the Olympics was, I am suddenly at a loss for words. Words literally cannot describe the time we had in London because it was definitely an experience of a lifetime.

First off, being in London is an experience in itself. It is a must to get fish and chips and shepherd's pie. And, of course, we saw Big Ben, the London Eye, Trafalgar Square and Westminster Abbey.

So when you added the Olympics into the mix, it just created a whole new and thrilling atmosphere.

On our first day in London, we just happened to make it in time to see part of the Olympic torch relay. Seeing the torch first hand was completely surreal.

There were so many people lining the street with their cameras out and ready to get their own picture of the torch.

When it finally passed us, my eyes were big and my mouth was wide open because there was the torch, feet away from us.

It was unreal.

In the week following, each of us in the group had tickets to four different events during the course of the week.

I had tickets to a men's double-header soccer game, which the entire group attended, beach volleyball, a women's soccer game and a table tennis match. Each of them was just as exciting as the next, and I honestly cannot pick a favorite.

The men's soccer game was exciting for multiple reasons. Number one, it was in the iconic Wembley Stadium, which is huge and holds close to 90,000 spectators.

We also got to see the home team, Great Britain, play in front of a full house. That made the game even more exciting.

Beach volleyball was held at historic Horse Guard's Parade, and we were able to see four matches over the course of the evening. Not only did we get to see four matches, but we got to see two American matches, and one of those matches happened to be Misty May-Treanor and Kerri Walsh.

It was so cool being able to see them win a match on their way to winning their third Olympic gold medal.

The women's soccer game was just as exciting as the men's because it was also in Wembley Stadium, and Great Britain was playing. What made it even better

was that they were playing Brazil, one of the best women's soccer teams in The final event I attended

was table tennis, and it was probably one of the coolest events in the Olympics.

People might laugh, but it really does take a lot of hand-eye coordination to play, and you have to have perfect reaction time because the ball moves across the table in less than a second.

All in all, this trip was incredible.

I got to see many different places and experience different cultures, and I went to the Olympics, which in itself is pretty amazing.

EPLOCKER TALK

Our Athletes' Views on Pop Culture

questions

Miley Cyrus' new haircut is...

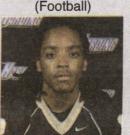
Favorite song of the summer

Favorite Sonic drink

Best place you went this summer

One thing you can't live without

Ahmad Scott (Football)



example of "YOLO"

"No Lie" by 2 Chainz

featuring Drake

Powerade slush

with watermelon

Millennium Bowl

Fruit snacks













"Paradise"

by Coldplay

Grape Sprite

Florida

Gum

Mollie Arnold

(Volleyball)





The epitome of a

fashion faux pas

"Take a Look Away"

by Continuums

Dr Pepper,

easy ice

Back to the ranch

in Texas

Kelvin Martin



Colton Kamper Erin Haltiwanger

Unique

"Payphone"

by Maroon 5

Cranberry

limeade

Clearwater Beach

(Soccer)





Zach Uhiren

(Cross-Country)

It's outside [the] normal, so I'm

totally cool with it

"Heavy Metal" by Deep Focus

I only drink water and orange juice

Florida

Peanut butter Bananas

New assistant dean here to help

by PAYTON HURST pr and marketing director

After the retirement of Dean Sheri Shearin, the student body welcomes Ranan Hester as the new assistant dean of students for the 2012-13 school year.

Hester is originally from Camden, Ark., and is a 1986 Harding graduate. She holds a Master of Education from Southwest Baptist in Missouri and has been an educator in the Missouri public school system for the past 20 years.

Along with teaching junior high students, Hester also worked with a program in Missouri that teaches parents how to be better home educators.

Hester's main responsibility as assistant dean of students is dealing with women's residence hall life, which includes Resident Life Staff and Resident Advisors. She is also in charge of disciplinary action due to code of conduct violations and counseling female students.

Hester said she is excited to begin the school year and is most looking forward to forming relationships with the students.

"I really enjoy meeting the students," Hester said. "We've only been here a week, but I've been here since July. So when people asked how I enjoyed my

job, I would say I liked it, but the kids aren't here yet. So when campus came alive and everyone got here, that was exciting. I've been knocking on doors and meeting some of the kids, and I really like it. I don't want to be one of those faces you only see if you're in trouble. I want people to know who I am and to be someone they can go to. That's what I'm looking forward to the most."

Away from her desk in the Office of Student Life, Hester enjoys exercising, reading, watching movies and traveling, but according to Hester the most important part of her life away from Harding is her family.

"I'm very family oriented; I have three children of my own," Hester said. "My husband is still in Missouri; he won't get to move here for one more year. Making my home here without him is challenging, but we're making it. Right now we are working hard to transition back into life in Arkansas, but everything is going well, and I'm enjoying it."

Much like anyone returning to Harding after a long hiatus, Hester is adjusting to life in Searcy. She said she loves being on campus, but has qualms with another main attraction in the city.

"My least favorite thing about Searcy is Race Street," Hester said. "I've seen



photo by ASHEL PARSONS | Student Publications

Waldron: a "nerd"

Student Association president Will Waldron is a junior

Ranan Hester, a 1986 Harding graduate, began her new role as assistant dean of students in July. Her primary role will be to oversee women's residence hall life.

about three accidents since I've been here; it's crazy."

Above all else, Hester wants the students to feel as though she treats them fairly.

"People in administrative positions have to deal with things that aren't pleasant sometimes, and if you can look back and say they were fair, you've done well."

HU needed a squirrel expert

by AERIAL WHITING opinions editor

For about four years, Harding students have occasionally observed the squirrels that populate campus. But Harding alumna Dr. Trixie Lee dedicated six years of her life to the study of squirrels in the Arctic for her dissertation, and this semester she has joined the Harding faculty as assistant professor of

Lee said she knew when she left Harding after her undergraduate program that she wanted eventually to return to teach at Harding, so she decided to pursue her doctorate. Lee graduated from Harding in 2006 with a Bachelor of Science in biology and headed to the University of Alaska-Fairbanks that summer to begin working on her doctorate. She said she enjoyed her experience there, but that it reaffirmed her desire to teach at a Christian school.

"Having had the experience at a secular state university, I was definitely sure that I wanted to teach at a Christian university," Lee said. "So I kept working toward finishing up [my doctorate] and then Harding had an opening, so I applied and was extremely blessed to have a job secured before I even graduated."

For her doctoral program, Lee studied the arctic ground squirrel, as well as the Alaska marmot. She defended her dissertation, "Expression and Mechanisms of Hibernation in the Arctic: The Alaska Marmot and Artic Ground Squirrel," this March.

The main focus of Lee's research was the arctic ground squirrel, a creature that lives in the arctic tundra and is recognized for its ability to maintain a subfreezing body temperature during hibernation — the only mammal known to do so. The squirrels hibernate for approximately eight months each year, and, during that period, the temperature of their burrow can be even lower than the temperature of their body, so they must be able to generate heat.

To produce heat, the squirrels must break down lean body mass — body mass that does not include fat. During a period of hibernation, a squirrel loses 30 to 50 percent of its lean body mass

Lee's research centered on finding the sources of lean body mass that the squirrels' bodies break down during hibernation. Her investigation process included a study of the squirrels' breath, sampling squirrel organ tissues throughout their period of hibernation and a field study of the squirrels' body composition before



photo courtesy of Dr. Trixie Lee Dr. Trixie Lee spent six years studying the hibernation patterns of the arctic ground squirrel.

and after hibernation. To perform the field study, Lee had to catch the squirrels.

"That was the most fun - even in the blizzards," Lee said.

Through her research, Lee ultimately concluded that most of the lean body mass comes from muscles that the squirrels do not resynthesize while hibernating. However, Lee said her most important contribute to science was not about arctic ground squirrels; it was about how to use stable isotopes to study body composition.

Lee's field study on the squirrels' body composition involved a process called isotope dilution, in which nitrogen stable isotope is injected into the body and allowed to dilute through the bloodstream, acting as a label and allowing the lean body mass to be measured. Lee's initial data did not match the findings she expected, and further study of stable isotopes revealed that scientists were not using stable isotopes correctly to assess what happens to a body during starvation or fasting. By using the arctic ground squirrel, Lee discovered how to use stable isotopes effectively to assess body composition.

"I meant to use the isotopes on the squirrels, and I ended up using the squirrels on the isotopes," Lee said.

Lee's discovery regarding the correct use of stable isotopes will aid not only in the study of animal body composition but also of human body composition, and may have applications such as the diagnosis of

physics and math major living a college career brimming with experiences, opportunities and aspirations, Waldron was elected SA president in spring of 2012 and serves as the first junior in Harding history to hold the position. Juggling a workload of classes and government duties, Waldron accredits his success to his fellow SA representatives. Senior Hector Felix serves as vice president, senior Mattie Parten as secretary and junior Lily Armstrong

like anybody else.

with passion

by HANNAH ROBISON

student writer

as treasurer. Other SA team members include senior representatives Jay Hemphill and Sarabeth Ivey, junior representatives Josh Moran and Kelli Mott and sophomore representatives Andrew Mauldin and Kasey Wilson. Waldron's his passion for student government

began in high school, and he gained a love for politics through his grandfather. I really want people to know me, not just as SA president, but a student just

-Will Waldron SA president

"I tell people it runs in my blood," Waldron said. "I like interacting with people and this is just the best way that I found to do it.'

Waldron's fervor for SA is also seen by those working closest to him. "He really cares about Harding and the student body," junior women's representative Kelli Mott said. "He's seeking to serve in the best way that he can."

Conflicting with his passion for politics, however, Waldron's major requires different disciplines that have brought him to pursue his dreams and strengthen his faith. He has aspired to explore space from a very young age.

"I was that little funny kid at kindergarten graduation that wanted to be an astronaut," Waldron said. "In some ways now I'm still that same 5-year-old, who's just gotten a little older and is pursuing the same dream."

Waldron humbly considers himself a nerd and wants to be viewed for who he truly is.

"I really want people to know me, not just SA president, but a student just like anybody else," Waldron said.

He explained that his outgoing personality that led him to his current position was a long cultivated progression. Through the encouragement of his friends and family, Waldron made the "long shift from nerdy introversion to nerdy extroversion."

His academic demands played an essential role from the first semester Waldron attended Harding. With a desire to travel overseas, Waldron quickly decided to spend his spring semester of freshman year in Chile through Harding University in Latin America. Waldron's. adventures in South America created a perspective in which he views the work of each student at Harding as meaningful. Waldron said that he believes beauty must be seen in various studies.

"Whatever field you're in, whether its math, physics, writing, that beauty must be attributed," Waldron said. "Because it's something pure to God."

Because of his experiences and relationships at Harding, the SA theme "Connections" was chosen for the 2012-2013 school year. Waldron announced the theme in chapel and revealed its logo on Aug. 23.

"We want to strengthen the relationships at Harding," Waldron said. "I want people to have the Harding experience I have felt so far and the relationships that I've formed with the students, faculty and people from Searcy... this is our way to work with the mission of Harding and make those relationships even stronger."

Mott said that her viewpoint on connections is to "remember that we're first and foremost connected in and through Christ," as well as other Christians, our community and the globe.

O years of Harding, Sub-T love

by MATT RYAN features editor

A large crowd packed inside the festively decorated Ulrey Performing Arts Center last Saturday afternoon, but not for a show or for a dinner theater production. Instead, Searcy locals, Harding faculty and guests from around the nation gathered to celebrate the 90th birthday of the building's namesake, Dr. Evan Ulrey.

A 1946 Harding alumnus, Ulrey majored in English, Speech and Bible. After graduating, Ulrey spent the next four years in Baton Rouge, La., where he worked with a church while earning his Master and Doctorate of Philosophy degrees from Louisiana State University. Ulrey then returned to teach at Harding in 1950, where he met his wife, Betty Ulrey, who was a junior at the time. He continued to teach for the next 42 years, along with his wife, who taught english at Harding for 25 years.

"Of course his goal and aim was to teach at Harding," Betty Ulrey said. "He loved teaching. When I married him, I really wasn't planning on being a teacher, I was planning to be a journalist, but later I found out that I needed to be a teacher for our children. But we both just loved Harding and loved the students and loved the Lord, and that was the best way we could serve the Lord. It's been a wonderful life. The Lord's blessed us richly."

Ulrey's wife and three grown children, Ann Ulrey, Robert Ulrey and Bonnie Barnes, organized the celebration.

"My mother and my sister and my brother and I, we knew we wanted to have a party, and we started thinking what can we do, how can we celebrate it," Barnes said. "We thought this would mean more to him than going on a family vacation or anything like that. We just thought this would be really special to him."

Several current members of the Sub-T social club, which Ulrey was once a member of and at one point the Skipper, made a surprise appearance to wish Ulrey a happy birthday.

"We just came by to show our support for him and wish him a happy birthday because he is one of our oldest members," senior Sub-T Skipper Josh Stevens said.

Stevens added that Ulrey is one of three former Sub-T members to have a building on campus named after him. The two other buildings are the Ganus Athletic Center and the Jim Bill McInteer Center for Bible and World Missions.

During his time as a Harding faculty member, Ulrey directed several plays and was made chairman of the speech department, executive secretary-treasurer of the Arkansas Speech Association, editor of Speech in Arkansas, the southern representative to the legislative committee for the Speech Association of America and director of the Arkansas Consortium for the Humanities.

For more of this story, visit www.thelink.harding.edu

the Bison

Campus Life Friday, August 31, 2012

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by TYLER CARMICAL graphic designer

New restaurant boasts authenticity, low prices

photographer

Los Trigales is a new Mexican restaurant in town with an unimpressive building but very impres-

Los Trigales is located on Race Street in the same shopping strip as Daylight Donuts. If you are driving down Race Street and pass Mi Pueblito, you have gone too far and must journey backward to taste the food at this delightful establishment. Or just plug the address into your GPS: 1404 E. Race Ave.

The first glance of the building will cause questions about quality of the restaurant as a whole, but do not be deterred. Los Trigales just opened and needs some time to fully develop. There is now a sign out front, and menus laminated to bring peace of mind to the less adventurous eater.

When I first walked into the restaurant a very nice hostess and a lot of empty space in the still-developing front room greeted me. I was quickly led into the rest of the building with the two girls I was dining

story by LEXI STUTZMAN

video by AMY MARÉ

to a small table on the side of a large orange room. The decor of the building was simple, and that never bothers me; why do you need a bunch of clutter just

to enjoy your food anyway? Upon seating we were given the menus, which we had heard on rumor were handwritten so, to find nicely color printed and laminated menus set before us was a pleasant surprise.Looking over the menu the first thing I noticed were the prices and how low they were; \$1.25 for a taco, 75 cents for a side of beans and \$10 for a full fajita plate. I thought I could handle that.

After scanning for a minute and asking the waitress for her opinion, I chose to the tacos because the ingredients listed were simple; one taco with a meat of your choice, cilantro, onion and Mexican salsa. Perfect. I ordered one pork taco, one chicken taco and one tamale, because they are my favorite. The meats were listed on the menu in Spanish, which to me speaks to the authenticity of the food.

Not long after I had ordered, my plate was

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Faces in the Crowd: What was your first

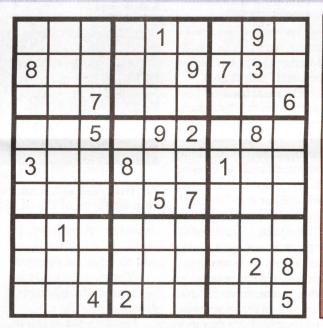
thought when you arrived on campus?

by CHANEYMITCHELL with, and we were shown brought out and the portions were a good size. I knew it would fill me but not make me want to explode.

> The tacos had a rich flavor that was super fresh. They were delicious with corn tortillas, meat with fresh cilantro and onions made for the perfect combination, and a green sauce was added on the side for a little kick. The tamale was full of flavor, but not too spicy, and the corn shell was not too thick or too thin, which can be a problem. It was topped, not smothered, in a red sauce that tasted strongly of chili powder.

The water in my cup never ran dry for long, relief to those who may have spice problems, and there was dessert. Dessert consisted of sweet breads that are brought in everyday. Although I would recommend waiting until the bread is fresh for

a sweet fix. I have to say I eat a lot of Mexican food and Los Trigales is one of the best I have had, mainly because of its simple use of fresh ingredients, minimal sauce and good combinations. I highly recommend Los Trigales.



Next issue on stands Friday, Sept. 7

Get involved on campus

Information about current club activities and tips on how you can start your own student organization on campus

by BETHANY ASPEY editorial assistant

Harding offers more than 100 student organizations to choose from, which serve as great ways for students to get involved on and off campus.

Each student organization has developed over the years from students with a passion and a vision. Though student organizations grow and fade, new organizations are constantly developing.

Some student organizations, such as HUmanity, have dissolved in past years but are now being made active again with a new mission.

Senior Ashli Roussel, member of the recently re-established HUmanity, is excited to see the organization come back to life and start making a difference again.

"Originally HUmanity was about justice issues in general," Roussel said. "We all had a passion for the prevention of human trafficking, so it seemed like a good fit for this specific mission."

Roussel said HUmanity just restarted last semester and has grown to about 50 members.

According to vice president of Student Life and dean of students David Collins, starting a new organization

on campus is a simple process requiring a group of charter members, an identified staff or faculty member to serve as an advisor and a constitution to sustain the organization after the charter members

have graduated. Collins said recognized student organizations are a great way for students to find people with similar interests, to get involved on campus and to familiarize themselves with everything Harding has to offer.

According to Collins, the diversity of students in each social club might make it difficult to find students with similar interests, whereas student organizations offer a variety of groups that are more specific to majors, interests and hobbies.

"Involvement with others and building relationships all these things are part of a student's development and growth, so we encourage these organizations as a sort of beginning or starting point for many of those things to happen," Collins said.

Some newer organizations on campus are Volunteer Harding, a student organization created to enrich the community through organized acts of service; Harding Farm: A Community Project was created to organize, maintain and perpetuate the school garden, which is intended for use by students and faculty of Harding and the Searcy community; Harding University Students for Life, which was recently established to inform, organize and activate anti-abortion students on campus; and Hearts after HIZ, which was created to rally students who have studied at Harding in Zambia to participate in service projects that benefit the people of Namwianga and Zambia.

Additional recent organizations include Harding University Student Branch of the Institute of Electrical and Electronics Engineers, Harding University Student Chapter of the American Society of Mechanical Engineers, Harding University Student Chapter of the Society of Professional Journalists, Liberty United and the Public Relations Student Society of America. All student organizations and contact information is located on the Student Life page of the Harding website.

New student organizations are always encouraged and students can refer to section eight of the student handbook for more details.

So get involved – no jersey required.

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