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## The Bison, September 17, 1982

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**HARDING**  
UNIVERSITY





# The Harding University Bison

"Seeking wisdom, discipline, and understanding."

Volume 58, Number 3

Searcy, Arkansas 72143

Friday, September 17, 1982



by JIM BRADLEY

Host and hostesses selected for Spring Sing 1983 are (from left) Art Woods, Laura White, Veronica Williams and Mark Evans. Final auditions were completed Wednesday, Sept. 1.

## Four chosen to host Spring Sing

The hosts and hostesses have been selected for Spring Sing 1983.

Mark Evans, Laura White, Veronica Williams and Art Woods were selected from among people who participated in the two rounds of auditions. All four have previous experience in the field of entertainment.

Evans, a senior marketing major from Piggott, worked as a singer and dancer at Opryland, U.S.A., in Nash-

ville, Tenn. this summer and had previously worked at Six Flags Over Texas in Arlington.

He performed in last year's Homecoming play Shenandoah and was a host of Spring Sing 1982.

White, from Searcy, also performed in Shenandoah. White is a sophomore voice major and a member of the A Cappella chorus.

Williams is a transfer from

Southwest Christian College in Montgomery, Ala. She has had leading roles in several musicals. She is a member of the A Cappella and is presently rehearsing for a reader's theater production of Carl Sandburg's work, to be presented Sept. 30 in the Little Theater.

Woods, a senior marketing major from Corning, is also in A Cappella and has been a member of Belles and Beaux.

## Former professor opens fall series

The fall series of the American Studies Lecture Series will open with Dr. Don Beck, director of the National Values Center, Sept. 23. He will speak at 7:30 p.m. in the American Heritage Auditorium.

Dr. Beck received a Ph.D. degree from the University of Oklahoma and taught for 18 years at North Texas State University, where he was selected Outstanding Professor in 1969 and Honor Professor in 1970.

Dr. Beck organized the National Values Center in 1975. He is actively involved in the areas of human resources development, strategic planning and organizational psychology in the United States and several foreign countries, including Spain, Ireland and South Africa.

The National Values Center, based in Denton, Texas, is a network of psychologists, scholars, managerial theorists, and training and development professionals who work in the areas of human behavior, social and geopolitical change, and the creation of healthy and productive organizations and social systems.

Dr. Beck, whose primary interests are human value systems and function innovations within the workplace and educational environment, presently acts as a consultant to several large corporations, governmental agencies, professional and college athletic programs, educational organizations and law enforcement agencies.

Dr. Beck is a member of the U.S. Olympic Development Committee, the American



Dr. Don Beck

Society for Training and Development, the International Association of Business Communicators and the Woodlands Group, a think-tank of professionals within the field of human resources development.

Dr. David Burks is now head of the American Studies program. Burks accepted the title in June when President Clifton Ganus Jr. offered him the position.

A student may be admitted into the American Studies Program if he or she is majoring in business, history, American studies or political science and has at least a 3.0 grade point average.

Dr. Burks will take a group of students to Houston Oct. 24-28. The trip will include a visit to the Astrodome, NASA, Pennzoil, Arthur Anderson and Co. and the mayor's office. Although there are 150 to 200 members in the program, only the approximately 50 juniors and seniors who have been in the program the longest will be eligible to go, Dr. Burks said.

Dr. Ganus was dean of the school of American Studies from 1952 to 1965. Ganus gave the position to Billy Ray Cox, former professor of accounting, after accepting the presidency in 1965. Ganus assumed the position again in 1979 when Cox left Harding.

## Social Affairs Committee without chairman

by Jane Gore

Since the end of last semester, the Social Affairs Committee of the Student Association has been without a chairman.

The S.A.C.'s main function is to bring entertainment to the Harding campus and to provide services for the performers who come to Searcy.

Under the new constitution, passed at the end of the spring semester, the S.A.C. and the movie committee both fall under provisions for auxiliary committees. These committees are also listed as auxiliary in the S.A. by-laws.

In article VII, section 2, the constitution states, "The Executive Council cooperates with the office of the Vice President for Student Affairs in the operation of auxiliary committees. Auxiliary committees' functions and organization are found in the by-laws." The provision allows Dr. Ted Altman, dean of students,

and Dr. Jerome Barnes, S.A. faculty sponsor, to select the S.A.C. chairman.

In the past, the selection of the S.A.C. chairman and the movie chairman had been left to Dr. Barnes and Dr. Altman. Under the old constitution they did have final approval of the chairman, but the job of selecting went to the S.A. president and-or the Executive Council.

According to a fall 1981 Bison article, former S.A. president Greg York became aware of the fact that selection was not being carried out according to the constitution. He set into motion the constitutional changes that would enable the faculty advisers to select the S.A.C. chairman.

Both Dr. Barnes and Dr. Altman say that they have not made a decision concerning this year's S.A.C. chairman.

Dr. Barnes, with S.A. president Zac Muncy, former S.A.C. co-chairman Terry Harmon and other S.A.C. committee mem-

bers, has been carrying out most of the S.A.C. duties.

Muncy, who worked with Dr. Barnes this summer, says he believes Dr. Barnes is satisfied with this arrangement. "He feels like the S.A.C. and the movie committees need to be brought back into closer contact with the S.A.," Muncy said.

Muncy also said he believes that Dr. Barnes feels that if the S.A. president was particularly interested in concerts and entertainment, the president would be a likely candidate for working with the S.A. "I am interested in concerts and things like that," Muncy said.

Barnes said he had worked on S.A.C. projects with Muncy this summer because Muncy had been available here in Searcy and because of Muncy's S.A. experience. Barnes also said he has been using a lot of people on a volunteer basis. "It is more of an informal structure this year,"

Barnes said in describing the present S.A.C.

Dr. Altman said that he and Dr. Barnes have discussed possibilities for a new S.A.C. chairman, "but we haven't come up with anybody we feel can devote the time needed to the position." Altman pointed out that past S.A.C. chairmen have put a lot of hours into the job for very little pay. S.A.C. chairmen receive a six-hour credit scholarship, which is split in case of co-chairmen.

Another problem involved in making the decision is finding a person who really wants the job. "We really don't have anybody interested in it," Dr. Altman said.

Both Dr. Barnes and Dr. Altman seem to feel that eventually a new chairman will be chosen, but they do not know when the selection will be made. Barnes did say he believes there will be a committee structure by the end of the semester.

### Inside

#### Habit-forming...

The Bison takes aim at three problems that face students: eating right, sleeping adequately and budgeting time. See stories, pages 8 and 9.

#### Dinner theater...

Movie reviewer David Wright comments on My Dinner with Andre, a thinking person's film. See page 8.

#### Unhealthy...

Are current Health Center policies unfair to students? Read an editorial, page 2.



# Opinion

## Illness excuse policy needs re-examination

A student has a headache and wants to go to her room and sleep, missing one class. She goes to the Student Health Service to be excused from the class and is asked to fill out a form asking questions about her health history, including seemingly irrelevant questions about the family's mental stability. She only has a headache, she protests; fill it out anyway, she is told.

A student feels nauseous and goes to the clinic to be excused from the rest of the day's classes. His temperature is less than one degree above normal, so the nurse will not excuse him. After he leaves, he throws up. Asking for an excuse from the classes he missed the next day in the clinic, he is denied an excuse and told that he should have come back to the clinic immediately after the act.

Several students have voiced dissatisfaction with current health service policies. We feel that the policies need to be reviewed and then perhaps revised so that they serve rather than penalize the student.

A few years ago, the center revised its policy, requiring a visit instead of simply a phone call from a sick student. The new policy was effective in reducing the number of students who were excused for sickness, implying that a substantial number may have had reasons other than illness for missing their classes.

The current policy goes a step further. "Illness excuses will not be issued by Student Health Service unless the student is seen in the clinic prior to missing a class," the policy states. If ill for several days, the student must call the clinic each day to report what he or she will miss that day.

This policy implies that illness is a predictable occurrence, and that a student will know at the first sign of sickness how long he or she will be sick.

At the same time, if the signs are not severe enough — even though the student may know he or she will be sick — the student is pronounced fit to attend classes and may be unable to get an excuse if sickness strikes unpredictably, as in the case of the student who was hit by a wave of nausea.

What bothers most students is that there seems to be no element of trust in the system. A student is healthy until pronounced ill, as if he or she were guilty until proven innocent. \

The clinic's policy should be to care for the sick student as effectively as possible while preventing Friday morning hypochondriacs from getting easy excuses to Heber Springs. It should not give the appearance of penalizing a student for getting sick.



## Monday meal a taste of cultures

### Endlessly Rocking



Laura L. Brown

Only in an American student apartment would someone cook a meal like this for her roommate.

We were cruising the aisles in Safeway Saturday, buying my week's worth of groceries, trying to choose as varied a selection as my limited kitchen experience would allow.

I take my roommate along as a food consultant; she's introduced me to some easy economical

foods and kept me from making some frivolous buys.

I also take her along because she has a car and I don't.

I drove the mostly empty buggy up and down the aisles, asking her questions, answering many of them myself.

"What kind of frozen vegetables do I want this week? I still have the peas and some of the mixed veggies. . . What kind of meat can I cook this week? I had link sausages four times last week; I think I'll try chicken. . . Do I need a head of lettuce?"

"No. Karen has some."

"Do I need eggs? I still have three raw ones and one hard-boiled one."

"That's enough for a week."

"Do I need macaroni and cheese?"

"You don't like macaroni and cheese."

I was being very sensible until we reached the aisle stocked with ethnic food. A wave of impetuosity struck me. "Do you like Oriental food?"

"Yeah," she said, nodding more or less enthusiastically.

"Let's have chow mein one night this week. What kind do you want, chicken, shrimp or beef?"

She let me decide. We got a can (yes, a can; Safeway doesn't carry all the ingredients) of chicken chow mein and a big can of chow mein noodles.

A few aisles later, trying to ignore the soft drinks, we found some Perrier. They sell it in two sizes — big 22-ounce bottles and four-packs of 11-ounce bottles. We ought to have something exotic from the Western world,

too, I thought. We picked up two of the smaller bottles.

We cooked the chow mein (well, heated it up) Monday and warmed up some leftover Italian bread with garlic in the oven.

We forgot one item, so I made a quick phone call to the Wal-mart housewares department: "Do you carry chopsticks?" They don't.

The Perrier stayed on the shelf until dinnertime. "The French don't drink it chilled, you know." Pouring it into glasses would flatten the taste, we decided; we drank it straight from the bottles.

For canned chow mein, the stuff was pretty good, even if we did have to use forks. The bread was as good as the first time around.

For dessert, the choice was obvious: spice cake, with a rich white icing, baked by an understanding friend to ease the tensions of editing.

Francophile that I am, I still prefer Perrier chilled. We each drank about a third of the bottle, then molded aluminum foil around the mouth to keep the fizz in, recapped the bottles and put them in the fridge.

When we got home after curfew, we polished off the cold Perrier, belched competitively and munched on crunchy chow mein noodles while some Chi Sigs guys serenaded us with Southern standards like "Rocky Top" . . . a fitting end to a cultural hodgepodge of an evening.

Maybe next week I'll pick up some root beer to drink with the quiche.

## Letters to the Editor

### Elected leaders need our respect

Dear Editor:

Recent weeks have brought many rumblings of discontent with the performance of Ronald Reagan as President of our great land. Americans seem to have declared open season on the policies this administration have endorsed, and the regrettable

part of this rhetoric is that only pessimism is coming from the pages of newspapers and magazines everywhere. Americans are too capricious, the media too critical; we give up too easily on our presidents; this gravely weakens us in our dealings with the rest of the world — not to mention the effect it has on the President's respect, power, and influence at home.

I will be the first to admit that Mr. Reagan's first two years in

office have been no epitome of perfection, nor have his policies been without fault. However, if we compare the statistics of today with those of 1980 when he began his term, it can easily be seen that not only has Mr. Reagan been effective in his policies but he has also made great accomplishments in our quest for economic recovery.

America's democratic society is still the most successful in the world. The greatest part of this type of society is that we the people still have the chance to choose our leaders by the vote of a ruling majority, and it is the duty of us, as citizens, to accept the choices of that majority and give our leaders the respect and support they so graciously deserve, even though we may sometimes disagree with their decisions.

During these times of economic uncertainties, America must unite behind her leaders and give the policies and ideas of our government a chance to work. Together, we can overcome these hard times and continue to make the "American Dream" possible for all.

Sincerely,  
Jeff Tennyson

Students in Free Enterprise  
(See LETTERS, page 3)



## The Harding University Bison

Seeking wisdom, discipline, and understanding

|                     |   |
|---------------------|---|
| Editor in chief     | Laura L. Brown                                      |
| Business Manager    | Lisa Keen   |
| Assistant Editor    | Cynthia Hooton                                      |
| Photographic Editor | Jim Bradley   |
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| Features Editor     | Karen O'Donaghy                                     |
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# Beauty of nature says, 'Bestill and know that I am God'

I'm sure many of this year's incoming freshmen will agree with me when I say I believe we should all receive a prize, or at least honorable mention, for having retained our sanity during the first week of school.

By the end of the week it seemed like there hadn't been one minute when I wasn't standing in three-hour lines, filling out endless forms, dashing wildly from unfamiliar building to unfamiliar building, and being constantly excused from being thoroughly confused because I'm a freshman.

I sat on one of the white swings on campus and tried to catch my breath as I thought how happy I was to finally have everything over with (at least until next semester). I fondly turned my gaze to look at the whole campus — the dorms, the American Studies building, the swings, the lily pool — and thought, not for the first time, "It's great to be at Harding!"

While I was looking around, a squirrel running across the lawn caught my attention. It was just a little thing and seemed to be immensely occupied with the



## Christians in the World

Lia Linscott

task of searching for its dinner. The little animal went about its business for several minutes, completely unaware of its captive audience, and then hurried along to its destination.

My attention was subtly diverted to the sound of beautiful music.

No, it wasn't Chicago's "Hard to Say I'm Sorry" blaring out of a window, but a small chorus of birds gathered haphazardly on the lawn, singing without any apparent self-consciousness as they realized they were the center of attention.

It amazed and amused me to hear the clarity of sound and the

variety of dynamics they were capable of — without ever having taken any voice lessons.

Suddenly one of the birds spread its wings and soared up to the sky. Like actors on cue, the others immediately followed. My eyes followed the first bird's flight up to the branch of a huge tree on which it now stood.

I noticed the majestic serenity of the tree as it stood tall and proud, its branches reaching for the sky, its roots firmly bound to the soil from which it continually draws its strength, and marveled at its vitality.

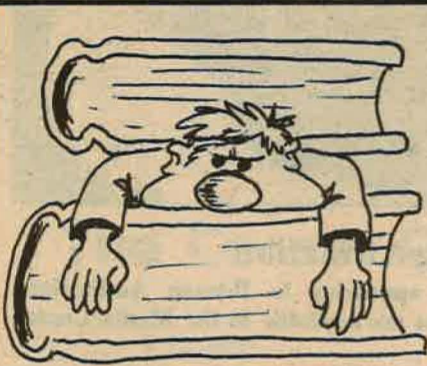
A slight breeze touched my arm and sent a chill up my spine.

I instinctively looked up to find dark rain clouds beginning to form in the sky, as I heard the wind rustling through the trees.

My imagination began to work as I discovered the distinct silhouettes of a camel, a mountain and an evil pirate with the "eye of the tiger" in his look, all outlined by the shifting clouds.

All of these elements created a sense of wonder and awe in my mind. Each one an absolutely unique entity, they naturally blended together like the colors of an artist's brush to portray the power of God with full force. That power that so cleverly designed the whole of nature is the same power that dwells in me and strengthens me as I journey through life.

Then I remembered the infinite wisdom of God when he said, "Be still, and know that I am God; I will be exalted among the nations; I will be exalted in the earth."



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THE COLLEGE INN

(Expires Sept. 23)

## Letters

(continued from page 2)

### Student defends Reagan's policies

Dear Editor,

Two weeks ago, Butch Florence, one of the Bison staff writers, submitted an article berating our nation's elected President, Ronald Reagan. As a concerned member of the nation's electorate, I feel a response is warranted.

The American public gave an ultimatum to our national government two years ago. We were tired of the policies of Reagan's predecessors. He soundly defeated incumbent President Jimmy Carter. Reagan and his staff have put forth the leadership promised before the election. The

Republican platform has been the guide. The voters knew what was in the package.

The Democratic-Keynesian economic policies have failed the nation. Reagan has pushed supply-side economics as the answer. House Speaker Tip O'Neal and others have repeatedly tried to block the policies that America's voters insisted upon in November, 1980. I don't know how the nation's electorate can make our wishes any plainer. O'Neill has disregarded the message sent to Washington with Reagan. Reagan's recent failures in Congress are directly attributed to the incooperation of Democrats to support legislation favoring the majority of the citizens of the country.

Economic recovery and stability will take place when our nation's leaders in Congress wake up and see what has been set before them. It has taken many years of Democratic control in Congress to reach the point of economic instability we face now. I hope people realize that it will take some changes to bring us back to the prosperity of our earlier tradition.

Under good national leadership, we and the rest of our great nation can again have the pride and trust in Washington that was

for so long ours. The national deficit, interest rates, and unemployment will fall. The gross national product, business investments, and the small entrepreneur will again rise to maintain us as the greatest nation on earth.

Respectfully submitted,  
Randy McKnight  
College Republicans

### Federal inmate requests letters

Dear Editor,

I am an inmate in a federal prison in Englewood, Colo. I have a problem you may be able to help me with. I feel alone, very alone. I need and want someone I can share my feelings and my thoughts with, someone I can share my inner self with. You can help me by placing this letter in your paper or running a small ad. I offer friendship, care and understanding. I just want a friend I can share myself with. Please help me. I'll be forever thankful to you.

Sincerely,  
Timothy H. Ayers  
14437-116  
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# Johnston to edit '84 Petit Jean

Suzanne Johnston, a junior journalism major from Paducah, Ky., was chosen editor of the 1984 Petit Jean last week by a popular vote of the junior class.

Johnston was Student Life section editor for the 1981 and 1982 editions. She assisted on the Academics section of the 1982 book. A Bison staff writer for the

past two years, she also edited one of her hometown newspapers, the Paducah Shopper News, this past summer.

Johnston is serving as assistant editor and Student Life section editor for the 1983 Petit Jean. She will receive a \$1,500 scholarship as editor next year as well as a small scholarship as assistant editor this year.

Head photographer for the 1983 book is Darrell Truitt, a senior art major from Amana, Iowa. Truitt will receive a \$1,500 scholarship this year.

Copy editor this year is Mariann Cox, a sophomore public administration major from Newnan, Ga.

Sherri Chapman, a junior mass communications and advertising major from Mountain Home, is Social Clubs section editor. Nancy Thompson is editor of the Organizations section. She is a junior marketing major from Daingerfield, Texas.

Sports editor for the 1983 edition is David Wall, a freshman advertising major from Goldsboro, N.C. Editor of the Scholars section is Alan Greenhaw, a sophomore Bible major from Sanger, Calif.

The Students section will be edited by Michael Corrigan, a junior elementary education major from Jacksonville, Fla. Michele Ellis will edit the Honors section. She is a junior economics major from Jonesboro.

Editor of the Academy section is Michael Kelly, a Harding Academy senior from Searcy.

John Radcliffe, a sophomore advertising major from Colonial Heights, Va., is photo editor. Index editor for the book is Jena Conrad, a junior accounting major from Pauls Valley, Okla.

The entire staff participated in a workshop on campus last Saturday conducted by John Clark, the Petit Jean's publication consultant from Oklahoma City. The workshop dealt with the fundamentals of yearbook production and was designed to aid staffers to produce work of better quality.

Photographers from Ben Red Studios in Little Rock will be on campus beginning Monday to photograph portraits of all students, faculty and staff for the 1983 book.

Portraits will be taken in the conference room on the second floor of the Student Center from 8:15 a.m. to 10 p.m. Monday, Tuesday and Thursday and until 5:30 p.m. on Wednesday and Friday. Shooting will continue through Wednesday, Sept. 29.

The Petit Jean has received an All-American rating from the Associated Collegiate Press for the past 22 consecutive years.



## Coming Attraction

Singer Paul Davis will be appearing in Benson Auditorium Tuesday night at 7:30. Tickets are available in the Media Center for \$4 and \$6.

# Red Cross auxiliary formed to teach first aid courses

An auxiliary Red Cross is being formed on campus this semester, and some of its purposes will be to teach interested students or faculty basic first aid, cardiopulmonary resuscitation (CPR), and major disaster services, Martin Owens, president of the auxiliary, said.

Owens, a sophomore from Natchez, Miss., is a nursing major and a member of the White County Red Cross chapter.

Dean of Men Eddie Campbell,

who is on the board for the White County Red Cross chapter, is a sponsor for the auxiliary. The board will finance the campus program and help it in other ways. Owens said he hopes to get two more sponsors.

Some members of the White County Red Cross who are qualified instructors will come to the campus at various times to give courses to the auxiliary. These will include an eight-hour course in basic first aid, an eight-hour course in CPR, a shorter course dealing with major disasters such as tornadoes, plane crashes and nuclear disasters, and swimming training.

If an emergency does occur in which the county chapter might need the campus volunteer organization, they will contact Owens and Campbell. They in turn will contact the various dormitories of the volunteers and their resident assistants will locate them. Transportation will then be provided to get them to the scene of the emergency.

The auxiliary helped with the blood drive this week. Owens plans as another of their projects to paint a van like an ambulance for the county rescue unit.

One of the goals of the auxiliary is to become self-sufficient within two years. Owens hopes that by then, volunteers on the campus will be able to teach new volunteers the methods of coping in an emergency.

Other officers were elected Monday. They are Debbie Young, vice president; Kathy Moss, secretary; Blake Eubanks, chaplain; and Darrell Gentry, treasurer.

# Dec. graduates must fill out form

All students who are planning to graduate in December must fill out and return a "Request for Degree" form to the office of Virgil Beckett, registrar no later than 4 p.m. today.

Filling out the form is a requirement for graduation. The forms are available in the registrar's office in the Administration building.

The registrar's office uses the information provided to check with a student's records to be sure that he or she has completed all the necessary requirements to graduate. This is not only helpful to them but to the student as well, Beckett said.

## Houseless

Campus houses are closing. Watch for the story in next week's BISON.

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# Bryant appointed to fill empty committee chair

By Jane Gore

Student Association president Zac Muncy announced at the executive council meeting Tuesday night that he has chosen Blair Bryant, vice president of the S.A., to serve as academic affairs committee chairman.

Some doubts about Bryant's ability to carry out the duties of this position while being involved in his other campus projects were expressed, but Muncy said that he had taken this into consideration and that he still felt Bryant was the best person for the job.

When the Bison asked Bryant if he felt that he could devote enough time to his new post and still carry out his other duties,

Bryant said he believed he would be able to. "I believe that I will be able to serve in all aspects and do an effective job in all my positions," he said.

Two guest speakers offered presentations to the S.A. at the meeting.

Fatti Vaculik demonstrated her "Color Images" technique on senior Terri White. Earlier in the day, Vaculik had had consultations with five S.A. members. Vaculik's program is designed to aid individuals in selecting clothes that are appropriate and flattering for one's position.

Neil De Carlo gave a report concerning his visit to a leadership conference in Miami,

Fla. this past summer. He described the subjects discussed at the conference and stressed the importance of a sense of direction in S.A. leadership.

Michele Ellis, physical plant committee chairperson, was one of the first committee chairmen to report during the business meeting. She has been working with Lott Tucker, vice president of finance, about changes in the cafeteria. The subject of greasy food is being investigated, and the committee has arranged for bagels to be served at breakfast in American Heritage Cafeteria.

The Rape Crisis Seminar which was proposed and approved at the Sept. 7 S.A. meeting now has a co-sponsor. The S.A. approved a motion to co-sponsor the seminar with the Counseling Center on the condition that the center provide transportation for the seminar speaker.

The committee approved a front lawn jam by the group "The Suburban Yards," but no date has been set. The S.A. had delayed action on this because of a related matter concerning non-university-sponsored bands using school facilities.

The S.A. is now responsible for reservations of the music room upstairs in the Student Center. Groups wishing to use the room must have approval from Dr. Jerome Barnes or Muncy.

Speaking times for self-management speaker Mel Weldon were approved by the S.A. members.

Weldon will be on campus Sept. 30, Oct. 1, and Oct. 2. Thursday and Friday evenings Weldon will begin speaking at 7:00 and Saturday's program will begin at 9:00 a.m. Coffee and donuts will be served before Saturday morning's presentation.

Charles Dupre, special projects committee chairman, introduced a proposal for a campus miniature golf course. Dupre said he had been approached by three students about this idea. The S.A. decided that

further information is needed before the suggestion can be voted on.

The S.A. also approved a benefit performance by Chuck Hicks' sometime in the next few weeks. Proceeds will go toward helping students attend the World Missions Workshop at Pepperdine University.

Other topics discussed by the S.A. included improvements in the new student directories and ways to help promote the phonathon.

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## The Corner Gift Shop

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## Seminar to help students manage time efficiently

Procrastination and distraction are two problems in studying which students face every day. The Time Management Workshop and Study Skills groups are two programs being offered by the University Counseling Center to help students in these areas.

The Time Management Workshop will be held tomorrow from 9:30 a.m. to noon in the American Studies Auditorium. At that time, Study Skills groups will be organized.

The need for such services may be indicated by the

number of students on academic probation every semester. The workshop and the groups are intended, however, for any student who wishes to improve his or her budgeting of time and use of energies in study.

The Time Management Workshop is being conducted by Dr. Bob McKelvain, associate professor of psychology, who has spoken on the subject for over 10 years. Dr. McKelvain hopes to guide students to more efficient use of their time through learning a more positive and dynamic attitude toward their activities.

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# Warning: college life can be habit-forming

College students can acquire some bad habits once they're away from home and on their own. Three of the most prevalent are poor eating habits, getting too little sleep, and misuse of time. Here's a look at why we do this to ourselves — and how we can stop.

## Have you been eating your veggies?

By Cynthia Hooton

A big adjustment most students have to make when they get to college is in their eating habits. Nutritious, home-cooked meals are replaced with cafeteria cooking, late night popcorn parties and trips to the dormitory vending machines for chocolate and sugar-coated snacks.

"The other night we were popping popcorn and eating tacos at 3 a.m.," Shawn Pierce, a freshman, said.

To break the monotony of cafeteria cuisine, eating out is a popular pastime among students.

Tracy Yates, a junior living in the New Married Student Apartments, said that she and her roommate often went out to eat when they didn't like what was being served in the cafeteria. "I found myself eating a lot of greasy food and going to Wendy's to get something else to eat," she said.

Because all students who live in dormitories are required to eat in one of the cafeterias, some may find themselves getting into a pattern of choosing the same foods when they go through the line, and they soon become tired of the food being served.

Kevin O'Leary, who plans menus at American Heritage cafeteria, said he can understand why students get tired of the food served there. "Even if you like something, you're going to get tired of it if you have to eat it for four years."

When students complain about the cafeteria food, it is not so much the quality of the food as the predictability of when items are going to be served.

"I think the cafeteria is pretty good," Jennifer Henderson, a junior, said. "It's just that every day you have the same thing — on Mondays we have hamburgers."

For some new students the schedule of meals is not what

they were used to when living at home.

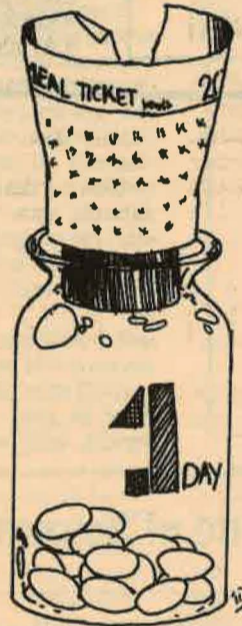
"We've been going out to eat almost every night," freshman Lisa Watts said. "The cafeteria serves so early that by 9 or 9:30 we're hungry again."

"You get into such a rut," Julie Bagley, a freshman from Pine Bluff, said. "Your schedule is the same every day and you have to eat at certain times or not at all."

Beth Wilson, assistant professor of home economics, said that because of students' hectic schedules they may not realize how many meals they are missing or how many snacks they eat to make up for it.

"If you eat snacks, what are they like? Look for nutritional ones. So often we don't even think about the other choices," Wilson said.

Research done recently on the diets of college-age people shows that they generally lack Vitamins C and A, iron and calcium — nutrients that are usually easily available in the cafeterias. What



students should do, she said, is take the time to look for foods that provide these dietary requirements.

"Sometimes they (the cafeteria) serves stuff I don't like and I end up eating mashed potatoes and a Coke," one student said.

Even though the cafeteria employs no dietician to plan menus, O'Leary said that an ample supply of various meats and vegetables is available at most meals.

"If someone wants nutritious food we feel like they can get it here," O'Leary said. "The problem with that is that most students don't eat it."

The cafeterias try to serve the foods that students eat the most of, but because of the volume of food necessary to feed so many people, their menus must be planned about four weeks in advance.

"A lot of planning is based on the eating habits of the year before," O'Leary said, and that is why they have been serving

hamburgers on Mondays for the past three years.

Student's eating habits have changed quite a bit in the past 10 years, he said, with students requesting more fast-food-type items on the menu. In response to this, the cafeteria has increased the number of sandwich meals available each week.

"We welcome comments from students," O'Leary said. "We're willing to try anything that's feasible."

Wilson suggests that if students really want to improve their diets, they should become more conscious of what they eat each day. They might even try keeping a record for a few days to determine their eating patterns.

Even when students snack from the vending machines, she said, they can be choosy about what they eat. A bag of peanuts, for example, would be more nutritious than a sugary candy bar.

"We haven't trained ourselves that there are snacks that are healthful," she said. "A lot of it is being committed to getting a good diet."

Some students, Wilson said, don't worry about their diet as much as they should and think that by taking vitamins they can make up for the lost nutrients.

"Just taking vitamins is not an insurance policy," she said. "It's not a good answer."

If students find a problem with something being served in the cafeterias, Wilson suggested that they be specific in the complaints and look for ways to work together with the cafeteria management. They may also direct suggestions to Lisa James, chairperson of the Student Association food services committee.

"Food is something that is easy to complain about," Wilson said. "Cafeteria food is not the same, and can never be the same, as Mother's home cooking."



# Sleeping is more than just a dream

By Lisa Taylor

After taking a poll on what the average college student likes to do best, the results were not so surprising. Almost without exception, people seem to enjoy a favorite pastime — sleep.

Sleeping habits of college students vary from night to night and week to week. Obviously, for the grade-conscious, an individual with an organic chemistry exam the next day is not going to feel the comforts of his pillow for very long the night before. However, he may sleep almost the entire day after the test.

Just how many hours of sleep do we need to function normally? Dr. Dwight Ireland, assistant professor of psychology, says, "As far as the number of hours, it varies for each individual. What you should do is put yourself on a schedule, try eight hours of sleep one night and then nine hours the next and see how you feel. It's experimental."

Wilse Webb, a sleep researcher, said in an interview with *Psychology Today*, "Each person has a natural sleep length. Some people are five-hour sleepers, some are seven-hour sleepers and some are nine-hour sleepers. There's a natural spread, as in any biological system — just like height or weight."

The average time people need to sleep is seven and one-half hours, according to Webb, but "to demand that all people sleep seven or eight hours is like demanding that everyone be a medium size shirt."

So what happens when an individual does not get enough sleep or goes without it? Research indicates that a body can go without sleep for two or three days and still function fairly normally. After three days

without sleep, the reactions are usually visual or tactile hallucinations, like feeling cobwebs on the face. "One will also experience confusion, inattention, or misperception," Webb said.

Many people have jobs that require them to keep odd hours. Todd Edwards, one of the campus PBX private branch exchange operators, who works from 9 p.m. until 7:30 the next morning, describes his experience staying up all night.

"I have a semi-aware alertness. I can be looking out the window for a few moments and it seems like 30 minutes will have passed. Between the tough hours, 2:30 to 6:30, it seems like a four-hour daydream," Todd said.

The type of external stimuli determines Todd's ability to stay awake, whether it be caffeine, an upset stomach or something on his mind.

"Since my hands aren't busy and my mind doesn't necessarily have to be alert, the night is a collage of fading in and out of conscious states. The following day I have classes and I feel relatively stable. During the afternoons I start feeling light-headed and experience headaches," Todd said.

What is the cost of going without sleep? A great amount of emphasis seems to be placed on the individual and his own self-motivation. "We don't find the capacity for things like math, or playing chess suffers. What's lost is willingness; you would prefer to be asleep," Webb said.

As would apply to many college students who pull "all-nighters" to study for an exam, Webb says, "If you have enough inner motivation and drive, you can go the last mile. If not, when you're sleepy, you just give up. It's not

your thinking or memory that goes — it's your will to go on."

Can the lack of sleep make a person ill? According to Sharon Foster, nurse at the Health Center, it is a combination of things that make people sick. "Lack of sleep, improper diet, and stress all have an affect on the body. If you don't have a balance of all of these, our bodies are more susceptible to pick up different bugs or viruses that are going around. If you consistently get less than five hours a night,



most people would be more susceptible to illness."

College students seem to have difficulty dividing their time. "I think one of the biggest problems is that students don't know how to budget their time. And the first thing they'll cut out is eating and sleeping and then get the jitters and headaches. Students need to set priorities and decide what is really important to them," Foster said.

What about taking Vivarin, an over-the-counter drug that consists mostly of caffeine, or drinking coffee to stay awake? "Taking pills just jazes a person up, but doesn't increase judgment and skill," Webb said. "It ups capacity to continue, not to think."

"Taking Vivarin and drinking some 20 cups of coffee will surely keep you up, but you're eventually going to crash," Foster said.

Sleep, as scientists have shown, is not just a time to close the eyes and rest peacefully.

Rather, it is a "highly complex process," according to an article in the July 13, 1981 issue of *Newsweek*, and millions of people have sleeping disorders.

One common problem is insomnia — the inability to sleep. "Someone who wakes up in the middle of the night is going through a lonely and gruesome

ordeal," Webb said.

But there are antidotes to help people with insomnia. "If the problem is thoughts running through your mind, write them down; it will help you forget them. If you still can't get to sleep, get up and do something exceedingly dull — but go right back to bed when you sense sleep coming," Webb said.

Roughly defined, "sleep is not a learned behavior, but an innate biological system that is set to function in a particular way," Webb said, "and we had better learn to adjust to its requirements rather than try to make it serve our demands."

Scientists who have spent many hours studying sleep say all one really has to do is apply a dose of common sense.

People should go to bed when they are sleepy, avoid drinking coffee before bedtime and lie on a comfortable bed in a dark, quiet room. As Sophocles said, "sleep is the only medicine that gives ease."

# Setting priorities is key to time management

By Karen O'Donaghy

Are there ever enough hours in the day to do everything we want to do? Not for most people. Our lives are filled with letters unanswered, friends that we haven't had the time to visit, and projects that were due days ago.

Time management may be the solution to help people find those extra hours they need.

Students face many pressures, most of them come from over-committing themselves. There are many activities to become involved in at the University, and most students just do not know how to say "no."

"Time management is a method of establishing priorities," Dr. David Burks, dean of the School of Business, said. "There are a lot of good things to choose from, but we should not take on more than we can do." Many students get caught up in activities and think they are accomplishing things, then realize that they are trying to do too much and aren't accomplishing what they set out to do.

Dr. Burks added, "Time management allows you to do that which you said you wanted to do. It affects all aspects of your life, not just your work. It affects your family, your physical activity, and social life. It allows you to do the kind of things that you think are important."

One of the major ingredients in time management is to be committed to priorities.

Several years ago Dr. Burks decided to lose weight. "I was out of shape, I didn't feel good and that wasn't good for me," he said. "Up until that time I had made fun of people who had left their offices to go run or go play racketball because I had work I had to do, but I was wrong, and I had to say I got to do some kind of regular exercise because that's good for me. You have to just make that commitment."

Holly Clark, a senior nursing major, said, "I have to take some time out to concentrate on other things, because I just can't think about studying all the time."

Work and school can consume students and teachers alike. Dr. Don Diffine, professor of economics, said, "At one time my work was my hobby, recreation, vocation, and my family got cheated."

Dr. Diffine and Dr. Burks have both spoken on time management and have used time management techniques for

about four years or longer.

Time management basically covers three steps: setting goals, establishing priorities and making plans to accomplish these goals.

One of the most popular and effective time management techniques is the ABC plan. This involves making a list of all the goals for the day or the week.

An "A" stands for "must do," a high value, "B" stands for "should do" and the "C" stands for "can do," the lowest value. Each goal should be rated and assigned an A, B, or C value next to it. Most of the time each day should be spent doing A value items as opposed to doing just the B or C items on the list.

Planning is moving from the way things are to the way we want them to be, according to Dr. Burks. "Plan your work and work your plan," Dr. Diffine said.

The following suggestions are from Dr. Diffine and from the book *How to Get Control of Your Time and Your Life* by Alan Lakien.

— Get a calendar and put all assignments and goals on it.

— Get 3 by 5 index cards and make daily lists, incorporating the ABC method.

— Learn to say no to those things that aren't important.

— Avoid a cluttered desk.

— Remember the 80-20 rule.

We get 80 percent production from only 20 percent of the things we do. Find what that 20 percent is.

— Delegate responsibilities when in authority or working in a group.

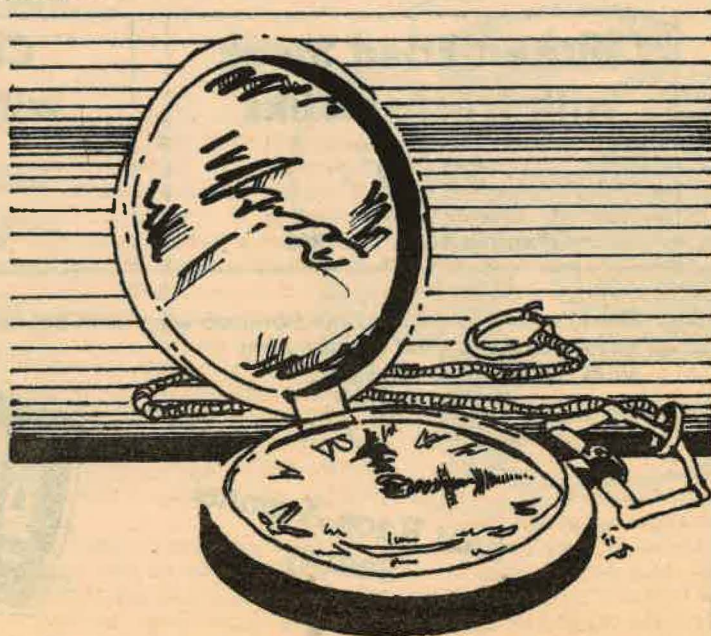
— Start projects that will require the most time first.

Most people think of schedules and calendars as confining and structured. They fear that by overscheduling, they give up their ability to be flexible. But a schedule's main purpose is to free people from being tied down to unimportant matters and to give them more time to do the things that are important to them.

Michele King, senior marketing major, is president of a social club, vice-chairperson for another organization, graduating in December and is to be married in April. Michele said, "I have a calendar I carry around everywhere I go, because I can't plan anything without it."

Many other college students are using time management without even realizing it. Another student said, "I've just learned to study and then have fun, instead of having fun and then studying."

Time management is something that takes effort, but many people will agree that if done effectively it saves them more time for the activities that are most important to them.





# Entertainment

## 'My Dinner with Andre' is thought-provoking film

Imagine a movie in which two men enter a restaurant, take a seat at a table, then proceed to do nothing for the next two hours but converse with each other over the dinner table. Such a limited format sounds terribly tedious and overbearing, right? Not necessarily.

To say that *My Dinner with Andre* is unique is an understatement. There are no scene changes, there is no "action" as we usually define it, there is no mood-setting music, and the actors (Andre Gregory and Wallace Shawn) keep their real names in the story.

The script was pieced together from tapes made of conversations which Gregory and Shawn had over a period of six months. The film is certainly a departure from the norm, but for the enlightened and unbiased movie-goer, the effect is surprisingly pleasing.

This movie is definitely not for everyone. It is a thinker's movie. If you must have a chase sequence, special effects, or rip-roaring music to hold your attention, don't go.

But if you are willing to clear away all preconceived notions



### Movie Review

David Wright

about which elements a movie must contain, and if you put forth some effort while viewing the film, you will come away realizing you have just enjoyed an innovative, thought-provoking, and thoroughly entertaining film.

The two main characters, and for all practical purposes, the only characters in the movie, are Andre and Wally. Wally is a rotund, lisping, balding, self-effacing chap who, by his own admission, is merely trying to survive as an actor and playwright in a very hostile and confusing New York City.

Andre, on the other hand, is a man with pointed features and friendly yet piercing eyes, who is determined not to live his life out of habit. The two men are perfect antitheses.

As the movie beings, we are hearing Wally's thoughts. We

find that he is a man who enjoys the simple things in life, that he is averse to change, and that he is on his way to have dinner with a one-time friend, Andre Gregory.

Once the director of the successful Manhattan Theatre Company, Andre became disenchanted with the sham of the stage. Questioning his reason for being an actor, he left his wealth, his family, and his professional success for a series of seemingly wreckless and mystical self-searching trips to places such as Poland, India, and Tibet. Wally thoroughly dreads the thought of spending an entire evening with a man he may hardly know.

After the two are seated, Wally begins to ask questions in order to put himself at ease with his gaunt, long-lost friend. Lack of conversation proves to be the least of his worries, as Andre is a virtual wellspring of words, relating experience after experience and sprinkling his philosophy on the living of life throughout his conversation.

As I mentioned before, there is no action in this film in the sense in which we normally define it. The action is provided by our imagination, as it follows the tales vividly woven by the artfully engaging Andre. Rather than hacking our way through cumbersome dialogue, we instead find at the end of the two-hour conversation that time has flown.

Finally, let me say that I feel terribly inadequate to comment on this movie. Aside from the fact that it should be seen at least twice in order to fully absorb

everything, the topics covered range from the deadening effect of the violence we see on television to the meaning of true reality, and therefore must be viewed and analyzed from the basis of one's own human experience.

As the credits rolled with Erik Satie's lonesome *Gymnopedie* playing in the background, no one was leaving the theater. There was no mad dash for the door, for the dreamworld of illusion on the outside which was brought to our attention in the movie.

It was as if everyone was

trying to squeeze meaning out of every moment of this unusual film. Or perhaps they were reflecting, digesting what they had just seen and heard. Perhaps they were just tired (I found the movie unusually mentally taxing). Whatever the reason, the film obviously had an impact weightier than most.

NOTE: The film merits the PG rating only because of depth of intellectual content. Although there is no objectionable material in the film whatsoever, *My Dinner with Andre* is certainly not a children's movie.

### New choral groups formed

Three new music groups — the Troubadours men's chorus, the Bel Canto Singers women's chorus and Commonwealth, a mixed chorus — have been started by Dr. Arthur Shearin, associate professor music.

Dr. Shearin, a new faculty member, and the music department felt a need for additional choral groups, he said. Because of scheduling difficulties, lack of time and other reasons, many students who enjoy singing have been unable to participate in the A Cappella Chorus or Chorale. These new groups give those students, faculty and others a chance to take part in a singing group, he said.

The Troubadours meet Tuesdays at 3 p.m., and the Bel Canto Singers meet Mondays at 3 p.m. Both groups are joined by audition with the exception of

those who are also members of A Cappella or Chorale.

The repertoire of these choruses is more diverse than the other choruses, having secular and accompanied pieces. Their performances are geared toward campus and civic club programs, Dr. Shearin said.

Although these choruses cannot be taken for credit, the mixed chorus, Commonwealth, may be taken for one hour's credit and meets each Wednesday and Friday at 3 p.m. This group also requires an audition. It currently has 45 members.

Dr. Shearin, a Harding graduate, taught here from 1972 to 1974. He then did doctoral work at the University of Colorado, specializing in choral music. For the past six years he was the chairman of the music department at Freed-Hardeman College in Henderson, Tenn.

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# Juniors dominate Hilarity

By Betsy Walkup

Hilarity activities began on the front lawn last Thursday evening. The junior class dominated the competition by winning three out of five activities. The sophomore class won the other two, leaving the senior and freshman classes tied for last place.

Dr. Jim Henderson, assistant professor of accounting, and Richard King, instructor of Bible, acted as emcees for the activities, with a little help from a Blues Brothers album.

The games opened with a three-legged race, a competition between all four classes which left the juniors victorious. The

juniors also took the next two events when they ate the other three classes under the table in the men's and women's pie-eating contest.

After the senior men's pie-eating contestant tried to chase down "Brother" King with his remaining pie, the popular tug of war took place. The sophomores outpulled the freshmen. Likewise, the juniors promptly beat the seniors. When the sophomores and juniors met, the sophomores made their stand victorious.

An unplanned climax of the night occurred when several students took King captive, removed his cowboy boots and proceeded to baptize him in the notorious Lily Pool.

The hot dog-eating contest was the next event of the evening. The object of this game was to see who could devour a package of 10 hot dogs the fastest. The sophomores also took this competition.

The closing event of the night was the close competition for the honored positions for Hilarity King and Queen. Most of the contestants were forced to the stage, where they were introduced by King and Dr. Henderson, and the audience was free to heckle as they wished.

The audience elected junior Karen Slater as their queen. Karen had no speech to offer but rather seemed embarrassed by the honor given to her by her peers.

Several men were nominated to the position of Hilarity King. Upon his promise of a new business building to the University, sophomore Phil Segraves was elected to the position.

The Student Association provided free ice cream for both participants and spectators after the closing of the events.

# Enthusiasm will play part in Bison band's success

By Karen Roseberry

Quality, not quantity, seems to be the name of the game in this year's Thundering Herd, according to comments made by several members of the marching band.

Ruby Bozarth, president of the herd, credits the change of directors with a majority of the decline in numbers. "People take it (the change of directors) as an opportunity to quit . . . They get scared and want to wait and see what happens before they commit themselves."

Despite the drop in size, the general consensus in the band was vocalized by Lisa Shoaf, field commander of the group. Lisa said, "It's hard to explain. It's smaller but it's better . . . The people who are in the band are here because they want to be . . . They'll be at every rehearsal and they'll work. They have desire."

Desire plays a big part in this year's band, and perhaps explains the smaller but better quality of the band.

This desire prevails when the sun gets hot, the sweat begins running, the breaths become faster, and the members keep working.

The group has (to quote Trey Reely, treasurer of the band) a "gung-ho" attitude. This attitude and desire, encouraged by Shoaf's deep-rooted and often quoted belief that "you can do it," emanates from the band as they gather for a prayer before rehearsal, while they drill fundamentals, and even when they break to grab a handful of ice.

Brian Casey, music librarian of the band, said more with his hands than his voice, "I'm excited about everything, just really excited about it all — especially the new things."

The new things originate with Warren Casey, the new director of bands. Casey comes to Harding from Oklahoma Christian College and is a former student of Harding College.

"He's enthusiastic, fresh, and exciting. He motivates us," Debbi Richards, historian, said. Bozarth, a senior in the band, credits the change of directors with much of the excitement in the band. "What we're doing feels good . . . It's exciting to work with Mr. Casey. He's really up on what's happening in marching bands now."

And corps-style is what's happening in the Bison Band. Corps-style marching, so-called in reference to the popular drum and bugle corps, involves smooth but precise movements, geometrical designs, and exciting musical arrangements. The music varies from "Still" by the Commodores to "Aztec Fire" and the swing classic "Take the 'A' Train."

In chapel Monday, the Thundering Herd presented a taste of what can be expected on the football field as the group performed a portion of "Take the 'A' Train," "You've Lost That Loving Feeling," and featured the percussion with "Comedienne's Gallop."

The Herd also presented a challenge, vocalized by Casey: "If you can do it better, I want to see it."

The challenge comes in many forms, he went on to explain. The band is still open to anyone interested in participating. There are also many auxiliary groups forming which are open to any Harding student.

The groups are The Thundering Herd (marching band), concert band, jazz band, pep band, and a short-term orchestra for the musical Oklahoma. Anyone interested should contact Casey in the music building.

## Sandburg's work subject of theater

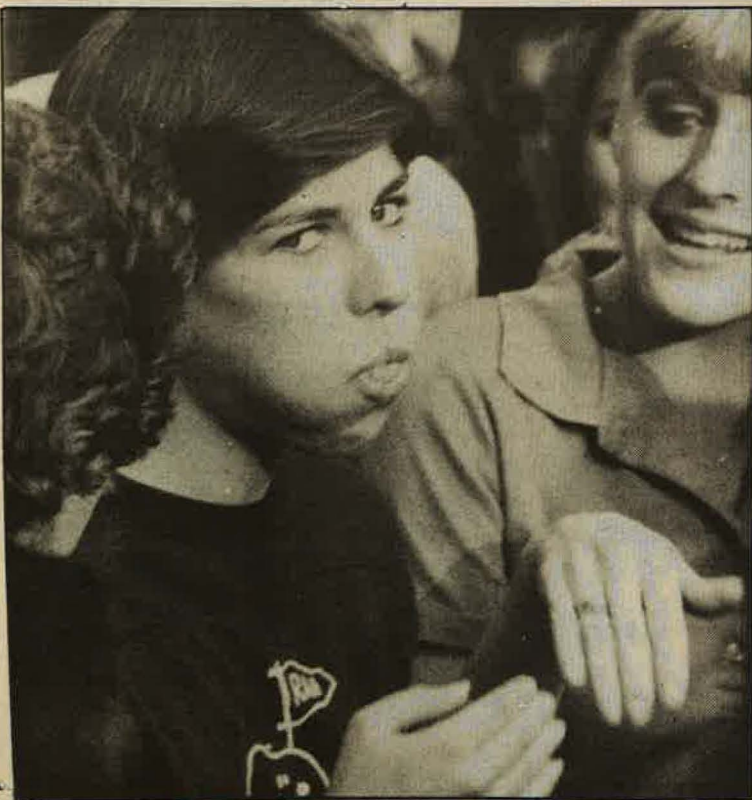
The works of Carl Sandburg will be interpreted by three Harding students in the Little Theater Sept. 30 through Oct. 2.

The reader's theater is directed by Dr. John H. Ryan, professor of speech. Cliff Thompson, who is doing Post-graduate work, Debbie Young and junior Veronica Williams will perform a stage presentation by Norman Corwin entitled "The World of Carl Sandburg." Along with the interpreters, two additional singer-guitarists will appear intermittently singing folk songs from the Sandburg Songbag.

The performance will start on Thursday, Sept. 30, at 7:30.

## Photographers

Applications for BISON photographer for the spring semester are being accepted until Friday, Oct. 1. Letters of application and resumes should be sent to Box 1192.



by JIM BRADLEY

Denise Daniel, a freshman from Paragould, takes a breather while trying to win the hot dog-eating contest at last Thursday night's Hilarity activities. Contestants had to eat a package of 10 hot dogs.



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## Sports and Pastimes

# Staunch defense helps Bisons defeat Lane, 14-0

By Ken Bissell

A staunch defense plus timely passing were the main ingredients in the Harding Bison's 14-0 win over Lane College last Saturday night at Alumni Field. The win was the 100th in the modern history of Harding football.

Led by linebackers Randy Buttram and Greg Poston, the Black and Gold defenders held the Dragons to no yards on the ground and rose to the occasion when it counted the most against the Lane aerial attack. Poston and Buttram combined for 14 unassisted and 18 assisted tackles.

Much of the negative yardage

for the Dragons came during passing situations, thus pushing the Dragons back in critical situations.

Passing did it on offense for the Bisons as quarterback Kyle Blickenstaff connected on two touchdown strikes to slotback Mike Peacock for the only scores of the game. The first six-pointer came with 7:15 remaining in the first half.

Following a fumble recovery by Tyran Baker at the Lane 31-yard line, Blickenstaff hit Durwood Dry for eight yards on first down. After an illegal procedure penalty against the Bisons, "Blick" promptly hit Peacock on the touchdown play. Steve

Hunter added the extra point, and the Bisons led 7-0.

Score number two climaxed the opening drive of the second half for the Bisons. Tony McCoy returned the Lane kickoff to the Harding 32-yard line. Behind the running of McCoy, Harding pushed the ball to the Lane 29, where Blickenstaff once again found Peacock open for a 29-yard scoring strike. Hunter added his second PAT, and the Bisons led 14-0.

Harding threatened to score late in the fourth quarter, but the drive was muffed by an interception. Following a Lane punt into the endzone, the Bisons took over on the 20-yardline. Lane forced the Bisons to punt, but a personal foul against the

Dragons handed the ball back to Harding.

Blickenstaff then found Don Shumate open for 31 yards. The Bisons drove to the Lane eight, and on first down, Blickenstaff tossed a pass intended for fullback James Joyce. Lane linebacker Gregory King stepped in for the interception, returning it 59 yards to the Harding 32.

The Dragons reached the 12-yard line before quarterback Willie Edwards was sacked for a 12-yard loss to the 24. The drive ended when Bison defensive back Bruce Baldwin intercepted tailback Carl Ferguson's pass.

Blickenstaff completed 11 of 24 passes for 164 yards and two scores while suffering three

interceptions. McCoy also had a good night, rushing for 85 yards on 23 carries.

The Bison receiving corps turned in outstanding performances to help the Bison cause. Shumate led the group with three receptions for 54 yards, while Dry also caught three for 15 yards. Peacock's yardage on his two scores totalled 53 yards, while tight end Mark Adkison added two more for 54 yards.

In addition to Baldwin's interception, David Fullerton stole his first aerial and capped the play with a 26-yard return. Blickenstaff rounded out the statistical leaders by punting eight times for a 39.9 yard average.

## Bisons face SMSU in second home game

Win number two will be the goal for the Bisons when they entertain the Southwest Missouri State University Bears at Alumni Field tomorrow night at 7:30 p.m.

The Bears are entering the NCAA I-AA level and are looking to improve on last years' 3-5-2 record. Thus far this season, the Bears are 0-2, with losses to the University of North Alabama (17-3) and the University of Northern Iowa (10-0).

Offensively, the Bears are led by quarterback Matt Marlborough. Last week against Northern Iowa, Marlborough got his bell rung, but he should be back in top form this week. A big blow was suffered by the Bears when fullback John Finders went

down with a knee injury. He will probably miss the remainder of the season. Defensively, SMSU will rely on the talents of end Darrin Newbold. Another key player is Lynn May, who was switched from cornerback to split end at the beginning of the season.

Last year the Bisons narrowly missed a win against the Bears as they were defeated, 21-18. In the contest, Bison kicker Steve Hunter booted three field goals to lead the Black and Gold scorers.

Tomorrow night's contest will also mark the last home game before a four-week road stand. The Bisons' next home contest will be Oct. 23 against Henderson State.



Tony McCoy gains yardage for the Bisons during their 14-0 victory last Saturday against the Lane College Dragons at Alumni Field.

by JIM BRADLEY

## Inexperience may trouble Lady Bisons

Inexperience will be the predominating trait of the 1982 Bisonette cross country team, according to head coach Ted Lloyd.

The Lady Bisons will have some big shoes to fill, with eight seniors graduating from last year's NAIA-District 17 championship team, including four of seven lettermen.

The 1981 Bisonettes were the first cross country team ever fielded by Harding. Meets were sanctioned by the NAIA, but not by the AIC. Competition was scarce last year with only Arkansas College at Batesville fielding another women's team among AIC schools.

Of six meets last year, the Lady Bisons won four, placed fourth once, and finished 12th in the NAIA National meet in Kenosha, Wis.

Of the three returning lettermen from last year's team, only one, Marla Upton, is part of the team this year. She will draw double leadership responsibility, as she is also one of only two seniors on this year's squad.

"Marla is a talented runner and an excellent athlete," said Lloyd. "Individually she should do well this year, but any team prospects depend on the development of our other runners."

Besides Upton, only two other members of the squad have any cross country experience. Freshman Patty Fisher of Colorado Springs, Colo. and sophomore

Allyson Harness of Monroe, Wash. both have a little high school background, according to Lloyd. But in pre-season training, both are running only once a day.

Upton and senior Lisa Jenkins of Crossett are both running twice a day for conditioning, once in the morning and once in the afternoon. Lisa has never run cross country before, but ran in some road races this summer and did fairly well, according to Lloyd. She is a physical education major.

Freshmen Janet Hood of Huntington Beach, Calif. and Cheryl Detorres of Titusville, Fla., along with sophomore Angie Stalans of Little Rock,

round out the 1982 Bisonettes. Lack of depth is a major concern also.

With only seven runners on the team, Lloyd will be counting on each one to do her best. A rash of injuries might prove fatal, but Lloyd is not one to be negative.

"Our goal is not to win, but to do the best we can," he said. "I guess I'm the eternal optimist. I look for good things out of every season, and this one's no different."

The first meet of the season will be next Thursday when the Lady Bisons travel to Batesville to compete against Arkansas College.



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# Cross country team wins meet at OBU

The Bisons swept six of the top 10 places to gain a victory toward the 12th straight Arkansas Intercollegiate Conference Championship by winning the Ouachita Baptist University Invitational Cross Country Meet Saturday in Arkadelphia.

Leading the Bisons was freshman Al Bates of Nashville, Tenn. with a second place finish overall with a time of 20:03, behind Damon Martin of the University

of Arkansas-Monticello. Senior Tomy Sitton was third at 20:36, with transfer Larry Wayne of Fair Hope, Ala. fifth in 20:41 over the four-mile course.

Three-time All-AIC honoree Joe O'Connor was sixth at 20:47, and rounding out the Bison top 10 were Mitch McCohn, eighth, 20:56, and Ken Berry, ninth, 20:57. The Bisons also controlled the top half of the second ten places to completely dominate the meet.

"Most of our kids met their goals individually and as a team," said Bison Coach Ted Lloyd. "It was not an all-out effort for us, so I expect some improvement, but we got off to a good start."

Bates surprised some people in the conference with his performance, but not Lloyd. "He's going to be a good one," Lloyd said.

Other Bison finishers Saturday were Jeff Westover in 11th place, followed by newcomer John Jackson, 12th; Jerry Harris, 14th; Marty Sewell, 15th; James Pinson, 18th; Bob Nesbet, 23rd; and Steve Hubbard, 25th. Team scores were Harding, 24 points; UAM, 52; Ouachita, 63; and Henderson State, 108.

Tomorrow the Bisons Invitational will be held at Bald Knob at 4 p.m.



Members of the 1982 Bison cross country team include (front row, from left) James Pinson, John Jackson, Al Bates, Rob Nesbit and John Woodell; (middle, from left) Steve Hubbard, Mitch McCohn, Ken Berry, Bryan Woods, Larry Wayne, and Jerry Harris; (back row, from left) Coach Ted Lloyd, Joe O'Connor, Tomy Sitton, Marty Sewell, Jeff Westover, and trainer Barry Kelton. The Bisons host their only home meet of the season today in the Harding Bison Booster Invitational. The meet will begin at 4 p.m. at the Bald Knob Country Club.

PR OFFICE

## Transfer finds place in intramurals

As one first steps on the Harding campus it is clearly understood that sports, intercollegiate and intramural, are a vital part of the student activities.

The case with most transfers is basically the same: the majority



## Sports Spectrum

Leon Johnson

fails to participate in athletics, causing a lackadaisical attitude toward Harding's excellent program.

Arkansas State University at Beebe, the school from which I transferred, had only one major sport — basketball.

The biggest amazement was that the women's program was always, and I do mean always, better than the men's program. In the line of intramurals, an avid sports participant could only activate his skills in football or basketball.

During my first year here I had to rekindle the enthusiasm that I displayed in high school. On the intramural and club field it was hard to exert that extra drive needed to excel. Also, it was hard to display the attitude of sportsmanship exhibited by many here on campus, after being accustomed to seeing fights and hearing profanities at ASU-Beebe.

The biggest adjustment came from the spectator aspect of it

all. Time passed before I began to feel like a part of the sports scene here. I would merely sit in the stands without much ardor.

Finally the light of alliance shined and I realized I also represented Harding; furthermore, I began to identify with some of the team members.

The process of ingression was gradual. At first I was simply going through the motions, but eventually I earned a feeling of belonging. And a winning team helps; it wasn't hard to be excited as the Bisons repeated their win over the Lane College Dragons Saturday night.

Take heed, newcomers. You do belong and it won't be long before you get a spirit of affiliation. Support the intramural and club programs, because they exist for your benefit. Moreover, don't be critical of the Bisons; they need your support.

## Gazette features Blickenstaff

Head football coach John Prock's predictions about Kyle Blickenstaff's potential seem to be coming true, according to an article in last Wednesday's Arkansas Gazette.

Blickenstaff passed for 1,556 yards last season and also led the AIC in punting with a 38.5-yard average. After three season the Arkansas Gazette and other sources seem to feel that things may be falling into place for the Bison team and "Blick."

Blickenstaff threw two douch-down passes to Bison receiver Mike Peacock in Saturday's 14-0 game against Lane College.

Pro scouts may be looking at Blickenstaff, but as the quarterback told the Arkansas Gazette, "I tell them the truth. Medical school has always been my main goal."

## Club Box Scores

|                    |    |                                   |    |
|--------------------|----|-----------------------------------|----|
| Monday, Sept. 6    |    | Lambdas "A"                       | 23 |
| Knights "B"        | 13 | Alpha Omega                       | 1  |
| Kappa Tau          | 8  | Knights "A"                       | 10 |
| Kappa Tau "A"      | 11 | Kappa Tau                         | 2  |
| Beta Phi           | 9  | Knights "B" Defeat CCP by forfeit |    |
| Lambdas "A"        | 8  | Friday, Sept. 10                  |    |
| Fraters            | 1  | Titans "C"                        | 20 |
| Kappa Sigs "A"     | 9  | TNT                               | 7  |
| Chi Sigs           | 2  | Theta Tau "B"                     | 9  |
| Alpha Tau "A"      | 7  | Kings Men                         | 8  |
| Sub-T 16           | 6  | Kings Men "A"                     | 5  |
| Wednesday, Sept. 8 |    | Theta Tau                         | 4  |
| Sub-T 16 "B"       | 15 | Alpha Tau "B"                     | 8  |
| Chi Sigs           | 2  | Titans                            | 2  |
| TNT "B"            | 14 | Titans "A"                        | 14 |
| Kappa Sigs         | 4  | Bucs                              | 8  |

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# Fashion consultant visits campus

by Terri White

The campus was enhanced this week with Patty Vaculik's "Color Images" program. Vaculik spent Tuesday through Friday giving 30 to 40 minute personal color consultations to persons who made appointments with her, as well as speaking to several groups.

Tuesday evening, Vaculik gave her presentation to the Student Association. She addressed the student body in chapel Wednesday on her "Color Images" program, and Thursday night spoke to the senior business

majors on wardrobe planning. Vaculik's "Color Images" program is based on colors classified as the four seasons: summer, spring, autumn, and winter. A person's color classification is determined by his or her skin tone.

Vaculik recommends buying less and spending more. She stresses buying quality clothing in one's colors. However, she says, just because something is expensive does not mean it will work for everyone.

"Choose clothing you can wear for several years, always look

your best in, and feel good about yourself when wearing them," Vaculik said.

"If you wear your colors, people will notice you," she said, "but when you wear the wrong color people notice your clothing, not you."

Appropriateness is the key word in her presentation. She stresses dressing for the occasion. "There are times for jeans and times for suits," she said. "There is a time to look glamorous and a time to be conservative."

Vaculik stresses that natural fabrics are the best over polyesters.

She stated the best investment for the professional look for job-hunters is a suit in a conservative color such as blue, gray or black for men and a nice skirted suit for women.

Vaculik is a 1976 graduate of Texas Christian University in Ft. Worth. She graduated with a B.S. degree in fashion merchandising and a minor in business.

She then began work in fashion merchandising for the Sears distribution center in Garland, Texas. In 1979, Vaculik moved to Sulphur Springs, Texas where she presently resides.

Vaculik saw someone demonstrate a "Color Images" program, and asked if she could be trained. She then began her own program and has been presenting her program for a little over a year and works the majority of her time around east Texas.

# Class officers elections scheduled for Wednesday

Elections for class officers and freshman representatives will be held Wednesday and run-offs will be held Friday, Sept. 24.

The candidates for freshman men's representatives are Tom Carden, Ronald Cox, Jeff Grow, Wendell Hudson, Greg Lawrence, James McCreary, Brian Miller and Mansel Smelser.

The freshman women's representative candidates are Julie Bagley, Rhonda Cranford, Denise Daniels, Carol Johnson, Tuila Lane, Angela McDonough, Roslyn May, Beth Mitchum, Lori Pryor, Jill Savage, Penny Smith and Susan Turner.

The freshman class officer candidates for president are Andrea Berry, Steve Grissim, Richard Hawkins, Paul Lockhart, Larry Reid, David Stidman and Steve Walters.

Freshman vice president candidates are Jeff Douglas, Karen McLarty, Sheila Malcom, James Moores, Mandy Mullens and Lori Richards.

Freshman candidates for secretary are Vickie Fix, Robin Kosko, Terri Lowe and Deborah Pitchford.

Staci Baird and Sandy Baker are running for freshman treasurer.

Cameron Spivey and Stephanie Whitesel are running for sophomore class president.

Sophomore candidates for vice president are Charlotte Bray,

Robert Hays, Jennifer Hartman and Eddie Madden.

The sophomore candidates for treasurer are Elizabeth Herrel and Mike Stewart.

Britt Burcham, Kenneth Machen, Randy McKnight, Jerry Witson and write-in candidate Kyle Beatty are running for Junior class president.

Jere Matthews is running for junior vice president.

Michele Ellis is running for junior secretary.

Joe Perdue, Kent Hart and Jody Yee are the candidates for junior class treasurer.

Senior class president candidates are Rick Krug, Paul Starks and Ben Waites.

Greg Rector and Chris Thompson are running for senior vice president.

Senior class secretary candidates are Mark Helms, Russ White and Jennifer Schmidt.

Several other candidates had submitted intents to file, but at press time had not yet turned in the list of signatures necessary for candidacy.

## Digest

A short guide to current national news and brief campus events.

### Doonesbury to stop

Garry Trudeau, creator of the Pulitzer Prize-winning "Doonesbury" comic strip, will take a leave of absence early next year and temporarily cease production of the strip for as long as 20 months.

Trudeau, 34, said he viewed the time off as a reprieve from the pressure of writing a daily topical comic strip. He also said it was time to reappraise his characters and review the development of the strip, which appears in more than 700 newspapers nationwide.

shoulder when her car plunged 120 feet off a twisting mountain road near the French town of La Turbie and burst into flames. Her younger daughter, Princess Stephanie, 17, was also in the car, but a passerby pulled her from the wreckage. Princess Grace was trapped in the car, but was later freed by firemen. The daughter remains in a Monaco hospital "for observation."

### Hinckley responds

John W. Hinckley Jr., who was found innocent by reason of insanity in the 1981 shooting of President Ronald Reagan and three other persons, said in a letter published in the Sept. 20 issue of Newsweek magazine that abolishing the insanity defense would be "a travesty of justice ... by a vindictive America," which he urged to "show some compassion for its disturbed outcasts."

### Princess Grace dies

Princess Grace of Monaco, who gave up a career as Academy Award-winning film star Grace Kelly to marry Prince Rainier of Monaco, died Tuesday night of injuries suffered in an auto accident the day before. She was 52.

A statement from the official Monaco government press service stated that Princess Grace died of "an intra-cerebral vacular hemorrhage."

It had been announced Monday that she had suffered a broken leg, ribs and

### Art showing

The works of Ronald Golden, an artist from New Orleans, will be showing next week from 9 a.m. to 4 p.m. weekdays in Stevens Art Gallery.

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| CHERRY, BLUEBERRY, STRAWBERRY, PINEAPPLE, MINT, BUTTERSCOTCH | .90    | 1.10  | .95   | 1.15  |
| BANANA   | .95    | 1.15  | 1.00  | 1.20  |
| BANANA NUT OR BANANA CHOCOLATE                               | 1.05   | 1.25  | 1.10  | 1.30  |
| BANANA NUT CHOCOLATE   | 1.15   | 1.35  | 1.20  | 1.40  |
| HOT FUDGE  | 1.00   | 1.20  | 1.05  | 1.25  |
| DOUBLE HOT FUDGE   | 1.15   | 1.35  | 1.20  | 1.40  |
| HOT FUDGE BANANA   | 1.15   | 1.35  | 1.20  | 1.40  |
| HOT FUDGE BANANA NUT   | 1.25   | 1.45  | 1.30  | 1.50  |
| HOT FUDGE NUT  | 1.10   | 1.30  | 1.15  | 1.35  |
| PEANUT BUTTER  | .95    | 1.15  | 1.00  | 1.20  |
| PEANUT BUTTER CHOCOLATE                                      | 1.00   | 1.20  | 1.05  | 1.25  |
| PEANUT BUTTER CHOCOLATE BANANA                               | 1.15   | 1.35  | 1.20  | 1.40  |
| CHOCOLATE CHERRY   | .95    | 1.15  | 1.00  | 1.20  |
| CHOCOLATE MARSHMALLOW  | .95    | 1.15  | 1.00  | 1.20  |
| MARSHMALLOW  | .90    | 1.10  | .95   | 1.15  |
| PINEAPPLE ORANGE   | .95    | 1.15  | 1.00  | 1.20  |
| CHOCOLATE MINT   | 1.00   | 1.20  | 1.05  | 1.25  |

**SUNDAES** :::::::::::::::

|  |          |      |   |
|--|----------|------|---|
| CHOCOLATE, CHERRY, BLUEBERRY, MARSHMALLOW, STRAWBERRY, PINEAPPLE, BUTTERSCOTCH | .65      | .85  | WHIPPED CREAM - 10¢ EXTRA<br>NUTS - 10¢ EXTRA   |
| HOT FUDGE  | .75      | .95  |   |
| BANANA SPLIT-WHIPPED CREAM, NUTS INCL.   | 1.20     | 1.50 | --WITH ALL HOT FUDGE<br>--HF REPLACING ONE FLAVOR<br>--SPLIT IN A DRINK CUP<br>--HF REPLACING ONE FLAVOR<br>--ALL HOT FUDGE AND NUTS. |
| PARFAIT  | 1.20     | 1.35 |   |
| ICE CREAM SODA   | .70      | .80  |   |
| FLOATS - RT. BEER, COKE, DR. PEPPER  | .70      | .80  | .90   |
| ICE CREAM CONES - VANILLA, CHOC, TWIST   | .30      | .40  | .50   |
| BULK ICE CREAM   | .80 PINT |      |   |
| SLUSH - ORANGE, GRAPE, CHERRY, LEMON/LIME, PUNCH, MINT.                        | .45      | .55  | .65   |

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