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Anxious And Troubled

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Recommended Citation
Text deals with one man's most common ills!  
New English Bible: Fretting & fussing.  
TEV: Worried and troubled.  

*No matter how it is expressed, it is something the Lord warns man against repeatedly.

RALPH WALDO EMERSON: 1867, pinpointed their great problem of the day. "Things are in the saddle riding man." Carnal, materialistic!

MAN'S WORRIES have been catalogued: 37 in all.  
Name seven: Sin, doubt, guilt, insecurity, inflexibility, health and boredom.

MAN'S VOCABULARY consists of 18 different words meaning the same as worry. List eight: anxious, bothered, concerned, fretful, uneasy, upset, disturbed and tense.


1. MARTHA WAS OVERBURDENED WITH THINGS. 10:38-42
   a. V. 40. CUMBERED: Gr. "drawn away", "over-occupied", "distracted." with lesser imp. items
   b. Constant anxiety, over-taxation and mental strain produces: Irritable disposition, negative personality and unpleasant company. V. 41.
   c. Jesus censured her for putting custom, hospitality, courtesy, inflexible scheduling, and visiting company; ahead of the more imp. spiritual matters of the Kingdom of God!! V. 42.
   d. Jesus preferred a full-hearing to a full-stomach. Time for God, to a meal on time!
   e. Perhaps more EMPTY-KITCHENS needed today.
      (2. Family desires. B. S. & worship first.
   f. What Martha needed to hear:

2. TWO COVETOUS BROTHERS LET "THINGS IN SADDLE."
   b. Spr. principle: Life not in "things" v. 15.
c. Wealth defined: thefewness of man's wants govern his happiness far more than the abundance of the things that he has.

d. An inheritance was in the saddle riding these boys and making them act foolishly.

Parable: v.16-21.

e. Jesus preferred: These men have full-lives in preference to full-barns (and misery.)

f. Perhaps more empty-barns needed today.

Ill. Huntsville, Ala. elder. Log cabin.

g. What these men needed to hear:


3. RICH YOUNG RULER BEING RULED BY RICHES. 18:18-27.

v. 18. a. Said: was spiritually-minded, soul-conscious.


c. "What else?" "One thing!!" v. 22. Things are more imp. to you than God! True! v. 23.

d. He preferred to leave things in the saddle rather than let God ride in the saddle. Matt. 6:24

e. Jesus preferred: this man have a rich and full-life rather than a full-purse.

f. Perhaps more empty-bank-accounts needed today.

g. What this man needed to hear:


Those who love God, willingly B-R-C-B.

Erring children who love God, readily R-P. Identify.