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Fear and Worry

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God's supreme desire for His children, the same as our supreme desire for our's: HAPPINESS.

If have LESS, is our own fault. Usually Fear & Worry.
Lesson: Some spiritual and practical truths about worry.

I. MAJORITY OF OUR WORRIES ARE NEEDLESS & SENSELESS.
A. University of Wisconsin study:
- 40% worries about things that never happen at all.
- 30% worries about things beyond change or improvement.
- 22% were petty and needless worries. Didn't matter...
- 8% are worth considering. Then: James 1:5.
- Phil. 4:6-8. I Peter 5:6-7.
B. Many anticipate and enlarge on their worries.
- Ill. Carlyle and neighbor's rooster. (Mac. P. 414)
C. Ancients had a fable about this problem.
- Ill. Cholera going to Constantinople. (Mac. P. 126)

II. NATURE IS A GREAT TEACHER OF CONFIDENCE IN GOD. Matt. 6
A. Birds operate cheerfully on God's plan for them.
- 1. Do not sow nor reap, but feed on God's bounties.
B. Flowers do not toil nor spin--do cooperate with God,
- His nature and His laws. Unexcelled beauty. 6:29.
- 1. Man is the greater creation--as sure in clothing.
C. Foxes don't worry because den not as big as another's.
D. Squirrels don't fret because only 1 yr. supply nuts.
E. Dogs don't have to see lifetime supply of bones or
canned food to be happy. Day at a time.

III. JESUS GIVES 8 REASONS CHRISTIANS SHOULD NOT WORRY.
A. Greater gifts, life & body, already given. Vs. 25.
B. Birds, of lesser value, but show greater trust. 26.
   (Even hairs are numbered: 121,630 ave. head.)
C. Worry, by its nature, will not lengthen life. 27.
D. Flowers a living demonstration of God's care. 30.
E. Worry is characteristic of the heathen. 31-32a.
F. God knows our every need better than we. 32. Ps. 37:25.

8. Tackle problems one at a time. Work out today's problems today; tomorrow's tomorrow.

INV: Ill. Natives of Coi-co, Chile know the meaning of "sufficient unto the day thereof". Rain plentiful 7 mos. each year. No rain at all other 5 months.

Each day there comes in even amounts of water, which is used to irrigate the land. "Sufficient unto the day is the water thereof." (Mt. 6:33; Phil. 4:18.)