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It's No Fairy Tale:

Snow White rfs Waist 0

It's not magic. It is not medicine or starvation. It is not drudgery. It is only faithfully following a program of exercise and sensible eating. It has worked for her, and it is working for others.



Graphic Pictures Comparing Start and Present for One Student Subject

Her name is Snow White, no fooling! She has seven brothers, but there is not a dwarf in the family - they are all six-footers.

The only interest this Snow White has in dwarfs is in dwarfing giant waistlines. It all started little more than a year ago when Miss White was in her senior year at Harding.

Finds New Interest

She learned about the Physical Fitness Research Program at the college, and her own more than adequate waistline made her take more than casual notice of it. She became one of the subjects, and her enthusiasm grew as her midriff shrunk. Not only did she lose 25 pounds, but also trimmed her waist from 27 to a neat 22 inches.

Joined Research Lab

With this experience it is easy to understand why she started to work in the physical fitness laboratory under Dr. R. T. Clark in June, 1965 - even before her August graduation as a home economics major.

She is still a student, working in advanced performance physiology, in preparation for graduate studies. In addition to her work schedule, class and laboratory time, Miss White - on her own — puts in three hours a day, Monday through Friday, guiding four other students and 15 women, 25 to 58, to better figures, better health or both.

In this city of less than 10,000, the successes she has had cannot be kept secret. Many women want to get in to her program.

Big Weight Loss

One of her student subjects who had already lost 32 pounds on her own through diet and exercise, has further lost 46 more pounds under Miss White's guidance, and is now down to 132 pounds from her previous 210. She has trimmed her measurements from 41-301/4-43 down to 35-25-36.

The subject, who is a dietetics major, is continuing at a weekly loss of 1½ pounds to a final goal of 110 an even 100 pound loss.

It has all been accomplished without any crash diets - only guided regular exercise of 30 minutes a day, with sensible eating.

A housewife has lost 171/2 pounds, reduced her waist 8 inches, hips 7 inches, legs 51/2 inches - all in six weeks. Another housewife has made remarkable progress toward recovery from a neurosis that is the aftermath of previous bouts with rheumatic fever. Another housewife who has had a pleasing weight loss, also said, "I never dreamed it was possible to feel so much better."

Program is Simple

Snow White claims no magic for her program. It is very simple. Each subject gets 15 minutes exercise each day on either the treadmill or the bicycle ergometer — with a scheduled work load - and 15 minutes of prescribed exercises that can easily be repeated at home or elsewhere. Sensible eating, without severe starvation, is the rest of the program that is except for the work of cutting down those dresses to fit their new figures.

One of the greatest mysteries is that even the large universities admit they have great difficulties getting enough women subjects to submit to bodyconditioning research. Yet Miss White has a long waiting list of women wanting to get on her bandwagon — the smaller waistband wagon.

That isn't all, several top universities are eagerly watching what she is doing. Who knows? They may be around before long with a dotted line that will exactly fit her unique name, and tied to it a graduate fellowship or other inducement. П



Miss Snow White

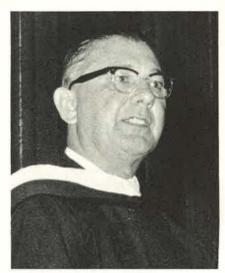
Daily exercises and good eating habits constitute program.



Harding's Youngest Musicians HAVE DEBUT ON T-V

Professor Richardson Demonstrated 3½ Months Progress and Teaching Methods Used With These Youngsters





Congressman Mills

"I warmly congratulate this fine institution of higher learning, its administration and faculty and its student body. You have earned widespread respect—the confidence of professional business, educational and governmental leaders.

"Harding is, in a sense, a living idea based solidly on the recognition that Christian principles are the most sure foundation stones on which an individual, a business or an institution can achieve permanent and enduring success."



Turning in Robes

Harding Graduates 206 as Largest Senior Class

Congressman Wilbur Mills Predicts a Bright Future

Congressman Wilbur D. Mills delivered the commencement address to the graduating class of 1966—the first at Harding to exced 200 persons—on June 2. The main auditorium was packed, with standees on both floors.

White County's Congressman, who as chairman of the powerful Ways and Means Committee is one of the most important persons in Washington, told 204 seniors and two graduate students that, while they had worked hard to attain their goal of graduation, others have had a big part in it, too.

"Much has been invested in your college education, by both your parents and other interested people," he said. "They have sacrificed, but there will be rich dividends."

He apologized for using the wellworn term, "a bridge from the past to the future," as a figure for the college graduate who has the responsibility of transmitting the American cultural heritage, more enriched than when encountered.

Mr. Mills said that the American colleges and universities are a means of uplifting the American spirit, and quoted from John F. Kennedy in desiring a moral restraint to equal her military strength, a wisdom to equal her wealth and a purpose to equal her power.

The graduating seniors are embarking on careers in an era of accelerated transition and change, he continued, noting many of the vast changes which have taken place in the past few

years. He also said that there is a great current underlying it all, and that he, like Carl Sandburg, envisions a future in America as a "rising sun" with great days ahead for men and women of will.

Dr. Clifton L. Ganus, president, conferred 53 Bachelor of Science degrees, 151 Bachelor of Arts degree and two Masters of Arts in Teaching. He cited the 35 graduates who had already been granted some form of graduate scholarships and said others could have qualified if they had applied.

The \$100 Morton Utley Award for most progress went to Nancy Dowdey of Birmingham, Ala., and George Frazier of Jonesboro. The \$100 Ganus Award for highest grades during the school year went to Ann Eddy of Morrilton and Dale Work of Trenton, Mich. Gene Engles of Red Lion, Pa., and Jack Choate of Searcy received the NEP Award for leadership in campus activities to promote the American way of life.

Dr. Joseph E. Pryor, dean of the college, presented the Alpha Chi honor society key to Merlin Prior of Liberal, Nebr., for being the graduating student with the highest grade over the four year period — 3.97.

Virgil Lawyer, dean of students and president of the Alumni Association, presented the Distinguished Alumnus Award to Dr. Lloyd Cline Sears, dean emeritus of the college and professor of English.





Hile

Hollingsworth

Ladd

Light

McCown

Masters

Merrell

Miller

Organ



Paullin

Peebles

RECOGNITION OF EXCELLENCE

More than one out of six graduating seniors on June 2 not only received a diploma but also had in his possession a graduate scholarship, assistantship, fellowship or internship-awarded for his excellent record at Harding College. President Ganus, when referring to them, said that many others could have received graduate awards if they had only applied for them soon enough.



Rade



Samanie

Shelbourne



Rickett

Robinette



Stark

Tate

Underwood

Van Rheenen

Vaughan

Webb

White

Wilson

Young

Phyllis Argo, DeValls Bluff, Ark. UNIVERSITY OF WASHINGTON Administrative Dietetic Internship Roger Boyd, Long Island City, N. Y. UNIVERSITY OF FLORIDA Grad. Assistantship in Mathematics Jerry Brown, Dumas, Tex. UNIVERSITY OF MICHIGAN Grad. Teaching-Research Fellowship in Physical Education Ronald Castleman, Madison, Tenn. UNIVERSITY OF ARKANSAS Grad. Assistantship in Business Robert T. Clark, Searcy, Ark. ARKANSAS SCHOOL OF MEDICINE Fellowship in Pharmacology Michael Curry, Pueblo, Colo. HARDING GRADUATE SCHOOL Wallace Bible Scholarship Earl Davidson, Montgomery, Ala. ABILENE CHRISTIAN COLLEGE Grad. Assistantship in Speech Richard Dean, Searcy, Ark. UNIVERSITY OF ARKANSAS Grad. Assistantship in P. E.

Claude Guild, Vernon, Tex. ABILENE CHRISTIAN COLLEGE

Scholarship in Bible

Patrick W. Hile, Ft. Smith, Ark. HARDING GRADUATE SCHOOL Scholarship in Bible Kenneth Hollingsworth, Tyler, Texa

HARDING GRADUATE SCHOOL Scholarship in Bible Billy Joe Ladd, Reyno, Ark. UNIVERSITY OF OKLAHOMA

Grad. Assistantship in Chemistry Larry Light, Moline, Ill. SOUTHERN ILLINOIS UNIVERSITY Grad, Assistantship in Biology Roger McCown, Hatboro, Pa. HARDING GRADUATE SCHOOL

Scholarship in Bible Wilma Faye Masters, Bradford, Ark. UNIVERSITY OF ARKANSAS Grad, Assistantship in English Phillip Merrell, Barberton, Ohio OHIO STATE UNIVERSITY Grad, Assistantship in Chemistry James L. Miller, Little Rock, Ark. UNIVERSITY OF ARKANSAS Grad, Assistantship in Bus, Adm. Dennis Organ, Shreveport, La. UNIVERSITY OF MISSOURI Harding Fellowship in Journalism

Howard Paullin, East Lansing, Mich. APPALACHIAN STATE TEACHERS Grad, Assistant in Deaf Education David Peebles, Saratoga, Ark. UNIVERSITY OF ARKANSAS Grad, Assistantship in Mathematics Merlin R. Prior, Imperial, Nebr.

Robert Rader, Jr., Yorktown, Ind. SOU. METHODIST U. LAW SCHOOL Grad. Assistantship in Law John Rickett, Moody, Mo. SOUTHERN ILLINOIS UNIVERSITY

SOUTHERN ILLINOIS UNIVERSITY Grad, Assistantship in Biology Donald Samanie, Ft. Worth, Tex. OKLAHOMA STATE UNIVERSITY Grad. Assistantship in Psychology Pat Shelbourne, Corpus Christi, Tex. UNIVERSITY OF ARKANSAS Grad. Assistantship in Bus. Adm.

COLORADO STATE UNIVERSITY Earhart Foundation Grant Grad. Assistantship in Biology Randall Robinette, Benton, Ark. Carl Stark, Searcy, Ark. UNIVERSITY OF MISSISSIPPI Grad. Assistantship in Chemistry Jerry F. Tate, Magnolia, Ark. LOUISIANA STATE UNIVERSITY Grad. Assistantship in Mathematics

Lee Underwood, Jr., Searcy, Ark. OHIO STATE UNIVERSITY Grad. Assistantship in Accounting

Dwayne Van Rheenen, Chariton, Ia. UNIVERSITY OF MISSOURI NDEA Fellowship in Speech

Johnny Vaughan, Okemah, Okla. UNIVERSITY OF MISSOURI Phillips Petroleum Assistantship in Business Administration

Rita Webb, Lynn, Ark. BARNES HOSP., St. Louis, Mo. Dietetics Internship

Ralph White, Memphis, Tenn. MEMPHIS STATE UNIVERSITY Grad. Assistantship in Chemistry

James W. Wilson, Springfield, Mo. UNIVERSITY OF VIRGINIA Fellowship in History

Ronald Young, Kingman, Kans. UNIVERSITY OF KENTUCKY Grad. Assistantship in Pol. Sci.

HARDING TRACKMEN RATE WELL IN STATE AND NATION



With Jim Crawford, the fastest miler in NAIA running an even faster fever, it fell the lot of his buddy, Cliff Clark, to shoot for the moon in the big track event at Sioux Falls, S. D., on June 4.

Clark, who has developed a habit of winning, came through in fine style in the 3,000-meter steeplechase, an event which he had entered only on one previous occasion—the recent Kansas Relays. Cliff easily outdistanced all his competitors, including last year's champion, in spite of the fact that he fell going over the last hurdle. His time was 9:17.

Jim Crawford, who really couldn't compete because of his fever, already had a top NAIA ranking for his 4:08.3 mile this spring. Cliff ranks third in the mile, fourth in the two mile and fifth in the three mile, behind Jim, who ranks fourth.

BISON FOOTBALL SCHEDULE

Sept. 17 U. of Mo. at Rolla Searcy Sept. 24 Southern State Magnolia

Sept. 24 Southern State ... Magnatic

Oct. 1 Ovachita ... Arkadelphia

Oct. 8 ASTC Se

Oct. 15 Arkansas A&M ... Searcy

Oct. 22* Maryville College . Searcy

Oct. 29* Millsaps College Jackson

Nov. 3 Henderson Arkadelphia

Nov. 12 Arkansas Tech Searcy

*Day games to begin at 2:30. Night games begin at 7:30. Cliff Clark breaks the string for an AIC record for the two-mile run at 9:11.6. Jim Crawford was not far behind, in second place. On the same night Jim ran the mile in 4:08.3 for a new record in AIC and the year's best in NAIA. Cliff was close behind him and also broke the old AIC record for the mile.

The Bisons surged to a 49-38 victory over rival Southern State for the second consecutive Arkansas Intercollegiate Conference track champ-

Speedy Bisons Repeat as

Arkansas

Intercollegiate

ionship and the greatest year of track.

Depth spelled success for the Bisons in the Conference Meet. In the 880 run, Jerry Baker finished second, Phil Griffin third, and Dick Shenfeld fourth. Wayne Roper of Southern State won setting a new record of 1:53.3.

The mile and two-mile provided some needed points and two records. Jim Crawford, a freshman who had previously run a 4:08.3 mile, won the mile and set a new AIC mark with a 4:13.9 clocking. Last year's winner Cliff Clark finished third. In the two-mile, Crawford and Clark finished in second and third place. ASTC's Ricky Richardson made the Bisons run his race as he won in a record time of 9:27.1.

Tommy Bateman won the high jump at 6-6. He also garnered a second in the 120 yd. high hurdles.

The 880 relay team of Rick Taylor, Ronnie Rubio, Gary Parrish, and Mike Curry picked up valuable points as they finished third. Kent Smith copped the 330 hurdles.

A third by Kent Smith and a fourth by Jerry Brown in the 440 dash kept the Bisons in the early running.

Griffin, Parrish, Rubio, and Fred McClish garnered first in the mile medley. McClish took the lead on the back straightaway and held off his challengers as he anchored the team.

The last event, the mile relay, iced the cake for the Bisons. Another record was broken though as Curry, Brown, Baker and Smith whipped around the track in 3:18,4.

Following Harding and Southern State in points, ASTC had 32, Arkansas A&M 26, Henderson 19, Arkansas Tech 17, Hendrix 3, and Ouachita 3.

Richard Hackett Dares to be Different in a Refreshing Way

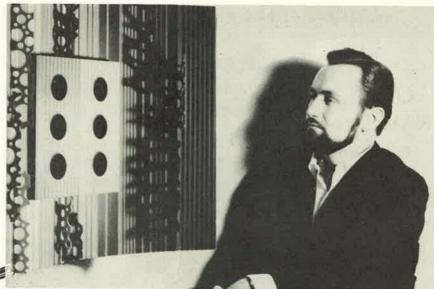


Richard Hackett (BA'61) is an alert young artist who has dared to be different in a refreshing way. While finishing at Harding, after two years at Freed-Hardeman, he kept on thinking, searching and experimenting for that elusive form of expression which he felt inside.

He thought that he might have found it while preparing for his senior exhibit before his Harding graduation. At that time he produced — on a curved canvas — an embryonic abstract entitled "The Astronaut." This concave painting plucked a creative cord within him that had not been so disturbed before. It gave him a feeling that he was in an area that demanded further exploration, and for five years he has done exactly that.

Hackett's experimentation, development and execution grew into a combination of painting and sculpture on a concave background of curved Masonite. It is the type of thing that changes character as the viewer sees it from different angles. The result is that his work has attracted so much attention that it earned him a one-man showing in the Gertrude Kasle Gallery in the Fisher Building in Detroit.

Previously, this gallery had shown only the works of internationally



Hackett's concaved art, with three dimensions and changing illumination, means any number of things to different people. The artist, now bearded, poses with his work.

known artists. Modest but confident Hackett explained it by saying, "I am the first 'unknown' she has ever shown."

But recognition by the gallery was not all. Joy Hakanson, Detroit News Art Critic, gave him a praise-packed review the day after the show opened. Her article, entitled "Hackett's Exciting Debut," is quoted in part:

"Rules in art are meant to be broken. Not by everyone. Only by artists who know what they are doing and are in control all the way."

"It must be said unequivocally before describing Hackett's work that he is an artist who has earned the right to break the rules and should be encouraged to do so."

She listed a few rules about surfaces, lighting, relief and shadows that Hackett had broken with her full approval.

In continuing her praise, she said, "Hackett is not the only one breaking these rules now. But he is one of the best. His art is to be seen, not described. As debuts go, this exhibit is the freshest and most exciting I have seen anywhere."

Miss Hakanson's review ended with this forward-looking statement: "There may be a tendency to dismiss Hackett's work as frivolous or gimmicky. I would hope not, because he is opening a different way of seeing for us. While his present performance is impressive, it promises even more interesting things for the future."

Perhaps one of the reasons the reviewer said that Hackett's work is to be seen, not described, is that dif-

ferent persons see different things in it. One of the examples (see picture) could easily be thought to keynote Detroit's automotive industry. The centerpiece could be interpreted as a traffic light; the vertical projections as either cylinder-head gaskets of strips that had been through a punch press, and the sharp straight lines as the streaks that people see instead of scenery as they speed through the countryside, or they could be interpreted as tread marks.

Hackett, a native of Pontiac, Mich., is art consultant with the Bloomfield Hills School System and teaches art at Michigan Christian Junior College. After graduating from Harding in 1961 he returned to Freed-Hardeman to organize an art department, following which he earned the Master of Fine Arts degree at Cranbrook Academy of Art in 1964.

In introducing Hackett's first show, Gallery Director Gertrude Kasle said, "Meeting Richard Hackett, a native of Michigan, and seeing his work bears out the fact that unique creativity develops in every community and deserves encouragement and recognition so that the artist is not compelled to seek his audience elsewhere. The gallery is proud to have the opportunity to introduce the stimulating work of this young artist."

Mrs. Elizabeth Mason, chairman of Harding's Art Department, expressed elation over Hackett's recent recognition in Detroit. "I am always happy," she said, "to se any of our students succeed in their chosen field. Dick is the kind who always has the zeal to achieve."





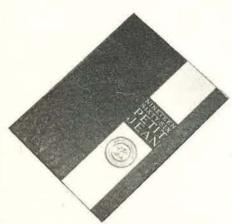
Miss Peacock

Miss Prucha



Queen Linda Williams

Yearbook Personalities Revealed



Harding's
Candidate
for a Seventh
Consecutive
All-American
Rating

Harding's 1966 Yearbook, the **Petit Jean**, was presented in special ceremonies which revealed Linda Williams, senior of Cleveland, O., as **Petit Jean** Queen. Linda is the second consecutive nominee of the Galaxy men's club to win the royal honor. Editor Tom Milton, Fort Smith senior, also announced the dedication of the book to Dr. Bob J. Gilliam, associate professor of education and psychology. Gilliam also serves as director of the institutional testing program, faculty advisor to the Student Association and coach of the golf team.

Runners-up to the queen were Paula Peacock of Tiptonville, Tenn., and Carol Prucha, Seminole, Okla. Miss Peacock is a senior and Miss Prucha is a junior.

Other personalities revealed were Carol Bonnell, Doniphan, Mo., and Clifton L. Ganus III, Searcy, best all round; Dale Work, Trenton, Mich., and Linda Moore, Obion, Tenn., honor students.

Class favorites include Linda Spears, Cullman, Ala., and Tom Blucker, North Little Rock, seniors; Connie Taylor, Diamond, Mo., and David Smith, Ashdown, juniors; Pam Mullins, Montgomery, Ala., and Mike Frampton, Indianapolis, sophomores; and Mary Beth Parks, Coldwater, Miss., and Ronnie Reeve, Siloam Springs, freshmen.

The **Petit Jean** has received an All-American rating for the past six consecutive years, and observers insist that the 1966 edition is of the same caliber. Randy Robinette of Benton was business manager for the publication. Next year's editor-business manager team is Judy Owens of Little Rock and Max Lorenz of Wichita, Kan.

Dr. Joseph E. Pryor, affectionately known as "Dr. Joe," is the faculty advisor who has guided the Petit Jean through the years.

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